

# Love Supreme

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Michael Lynn (UK)  
音乐: Invincible - Carola



---

## RIGHT HEEL DIGS, BEHIND SIDE CROSS, LEFT HEEL DIGS, BEHIND SIDE CROSS

1-2      Touch right heel forward twice  
3&4      Cross right behind left, step left to left side, cross right over left  
5-6      Touch left heel forward twice  
7&8      Cross left behind right, step right to right side, cross left over right

## MONTEREY ¼ TURN RIGHT, HEEL DIGS, BACK RIGHT COASTER

1-2      Touch right to right side, on ball of left make ¼ turn right, stepping right beside left  
3-4      Touch left to left side. Step left beside right  
5&6      Dig right heel forward, hitch right across left, dig right heel forward  
7&8      Step back right, step left beside right, step forward right

## FORWARD LEFT SHUFFLE, RIGHT ROCK RECOVER, TRIPLE FULL TURN RIGHT, TOE SWITCHES

1&2      Step forward left, close right beside left, step forward left  
3-4      Step right forward, rock weight back onto the left  
5&6      Triple step full turn right, stepping - right, left, right  
7&8      Touch left toe to left side, step left beside right, touch right to right side

## ¼ TURN RIGHT BODY, BODY ROLLS, KICK BALL CHANGE, SHOULDERS

1-2      Twist your body slightly ¼ right, body roll over 2 counts  
3-4      Body roll over 2 counts  
5&6      Kick right forward, step right beside left, step onto left in place  
7-8      Drop right heel, lifting left heel (keeping toe in place), drop left heel, lifting right heel

On counts 7-8 shrug right shoulder up with left down, then shrug left shoulder up, right shoulder down

**REPEAT**

---