

# Love It

拍数: 32      墙数: 1      级数: Improver  
编舞者: Jo Miller (USA)  
音乐: 24-7-365 - Neal McCoy



## SAILOR 3X, POINT AND HOLD

- 1&2      Swing right foot behind left and step on it, step ball of left foot to left, step right foot the right  
3&4      Swing left foot behind right and step on it, step ball of right foot to right, step left foot to the left  
5&6      Swing right foot behind left and step on it, step ball of left foot to left, step right foot to the right  
7-8      Point left foot to left side and hold for count 8

## POINT-HOLD 2X, ROCK FORWARD & BACK, SAILOR ½ TURN LEFT

- &1-2      Step forward onto left, pointing right to right side, and hold  
&3-4      Step forward onto right, pointing left to left side, and hold  
5-6      Rock forward onto left foot, rock back onto right foot  
7&8      Swing left foot behind right into a ½ turn to the left and step on it, step right to right side, step left to left side

## SHUFFLE FORWARD 2X, ¼ TURN TO LEFT 2X

- 1&2      Shuffle forward right, left, right  
3&4      Shuffle forward left, right, left  
5-8      Step forward on right, ¼ to left ending with weight on left foot, repeat

## KICK-BALL-CROSS 3X, STEP AND HOLD

- 1&2      Kick diagonally left with the right foot, step ball of right foot next to left, step left foot across in front of right foot  
3&4      Kick diagonally left with the right foot, step ball of right foot next to left, step left foot across in front of right foot  
5&6      Kick diagonally left with the right foot, step ball of right foot next to left, step left foot across in front of right foot  
7-8      Take a big step to the right, letting left foot point out to left side and hold

**Let the left foot swing around behind the right to begin the sailor**

**REPEAT**

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