

Love 4 Today

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Johnny S. (UK)
音乐: If Tomorrow Never Comes - Garth Brooks



Dance can also be done to the fast Mix version by Ronan Keating - on CD single

SKATE X 4, STEP, PIVOT ¼ TURN RIGHT, STEP LOCK FORWARD

1-4 Skate on right, left, right, left
&5-6 Quickly step onto right foot, step left forward, pivot ¼ turn right
7&8 Step left foot forward, lock-step right behind left, step left forward

HEEL TOUCHES TWICE, PIVOT ½ TURN LEFT, STEP LOCK FORWARD, ROCK-RECOVER, STEP

1& Touch right heel forward, step right in place
2& Touch left heel forward, step left in place
3-4 Step right foot forward, pivot ½ turn left
5&6 Step right foot forward, step-lock left behind right, step left forward
7-8& Rock left foot to left side, recover weight onto right, step left beside right

CROSS SHUFFLE, ¼ TURN LEFT & ROCK, STEP-HOLD-½ TURN RIGHT, RIGHT COASTER

1&2 Cross right foot over left and shuffle right, left, right
& On ball of right foot make ¼ turn left
3&4& Pointing left toe forward gently rock forward and back twice on left & right
5-6 Step left foot forward, hold, with weight still on left - pivot ½ turn right
7&8 Step right foot back, step left back beside right, step right foot forward

STEP & HIP SHAKES TWICE, ROCK-RECOVER, ¼ TURN RIGHT, ROCK-RECOVER-HOOK

1&2 Step left foot forward and shake hips forward - back - forward
3&4 Step right foot forward and shake hips forward - back - forward
5-6 Rock left foot back, recover weight onto right
& Quickly step left foot in place - making ¼ turn right
7-8 Rock-step right foot to right, recover weight onto left
& Hook right foot slightly in front of left

REPEAT

ENDING

Complete dance up to counts 1&2& in section 2 (you'll be facing the front wall). Then rock forward on right foot, recover on left foot, step right foot slightly to right side & hold