Love Fool



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Cecilia Yong (SG)

音乐: Lovefool - The Cardigans



HIP ROLL

1-4 Bump hip forward, right, back, left

5-8 Repeat 1-4

1/4 MONTEREY TURN, SLIDE & SHIMMY WITH CLAP

1-2 Right toe touches side, turn 1/4 right and step on right next to left

3-4 Left toe touch side, left step next to right (weight on left)

5-8 Step right foot diagonally forward with shimmy action for 2 counts, close left foot to right, clap

hands

SLIDE & SHIMMY WITH CLAP, SAILOR SHUFFLES

1-4 Step right foot diagonally forward with shimmy action for 2 counts, close left foot to right, clap

hands

Step right behind left, left step to side, step right in place Step left behind right, right step to side, step left in place

PADDLE TURNS (FULL TURN)

1-2	Step forward on right, pivot ¼ left
3-4	Step forward on right, pivot 1/4 left
5-6	Step forward on right, pivot 1/4 left
7-8	Step forward on right, pivot 1/4 left

SYNCOPATED HEEL TOUCHES, RIGHT TOE TOUCHES

&1 Left step back, right heel touch 45 degrees right

&2 Right step together, left step together

Right step back, left heel touch 45 degrees left Left step together, right toe touches next to left

5-6 Touch right toe in front of left, touch right toe to right side

7-8 Repeat 5-6

RIGHT HEEL GRIND TURNING 1/4 RIGHT, RIGHT SWEEP, STEPS FORWARD

1-2 Touch right heel to right starting to turn toes ¼ right, complete ¼ right turn, weight on left

3-4 Sweep right behind left (weight on left), hold

5-8 Step right in front of left, step left forward, step right forward, step left forward

Arms styling

3-4 Both arms to right side

5-8 Both arms in front of eyes with fist open & close like twinkle twinkle little star (to show you're

foolishly in love with some one - that's the name of this dance!)

REPEAT