

Lotta Leavin'

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate polka
编舞者: June Shuman (USA)
音乐: Lot of Leavin' Left to Do - Dierks Bentley



SYNCOPATED (HEEL JACKS), STEP, CROSS, SIDE, HEEL, STEP CROSS, SIDE, HEEL, HEEL BALL STEP, STOMP, KICK INTO $\frac{1}{4}$ RIGHT

- &1&2 Step left slightly back and to left, cross step right over left, step left to side left, tap right heel to diagonal right. (syncopated heel jack)
- &3&4 Step right slightly back and to right, cross step left over right, step right to side right, tap left heel to diagonal left. (syncopated heel jack)
- &5&6 Quickly step left next to right, tap right heel forward, quickly step onto ball of right, step forward on left
- 7-8 Stomp right next to left (no weight), turn $\frac{1}{4}$ right as you kick right foot

SAILOR IN PLACE, SAILOR $\frac{1}{4}$ RIGHT, SAILOR $\frac{1}{4}$ RIGHT, SAILOR IN PLACE

- 1&2 Cross right behind left, step left to left side, step slightly forward onto right
- 3&4 Cross left behind right, making a $\frac{1}{4}$ right step right beside left, step left slightly forward
- 5&6 Cross right behind left, making a $\frac{1}{4}$ right step left next to right, step right slightly forward
- 7&8 Cross left behind right, step right to right side, step left slightly forward.

RIGHT CROSSING SHUFFLE, LEFT SIDE SHUFFLE, $\frac{1}{4}$ LEFT PIVOT, RIGHT AND LEFT TOE SWITCHES

- 1&2 Step right over left, step left to left side, step right across left
- 3&4 Shuffle to left side with left, right, left
- 5-6 Step forward onto right and pivot $\frac{1}{4}$ left coming down with weight to left
- 7&8& Touch right to right side, quickly step right next to left, touch left to left side, quickly step left next to right

$\frac{1}{2}$ MONTEREY TURN, $\frac{1}{2}$ PIVOT LEFT, RIGHT AND LEFT HEEL SWITCHES

- 1-4 Touch right to right side, turn $\frac{1}{2}$ to right and step right next to left, touch left to left side, step left next to right
- 5-6 Step forward onto right and pivot $\frac{1}{2}$ turn left coming down with weight to left
- 7&8 Tap right heel forward, quickly step right next to left, tap left heel forward
- (&) Step onto left

REPEAT
