

# Lost Moments

拍数: 32      墙数: 1      级数: Improver  
编舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)  
音乐: Moments - Brushwood



When dancing to "Moments" by Brushwood, start dancing 4 beats before vocals.

## SIDE STEPS, SIDE SHUFFLES, CROSS ROCK STEP, RECOVER STEP

1-2            Step left to left side, step right next to left  
3&4           Step left to left side, step quickly with right next to left, step left to left side  
5-6           Cross right in front of left, recover on left  
7&8           Step right to right side, step quickly with left next to right, step right to right side

## SYNCOPATED WEAVE WITH ¼ TURN TO THE LEFT

1-2            Cross left in front of right, step right to right side  
3-4            Step left behind right, step right to right side  
5-6            Cross left in front of right, recover on right  
7&8            Step left making ¼ turn to the left, step quickly with right next to left, step forward on left

## FORWARD STEPS, LOCK STEP, ½ TURN TO THE RIGHT, STEP-LOCK-STEPS

1-2            Step right forward, lock left behind right  
3&4            Step right forward, lock left behind right, step forward on left  
5-6            Step forward on left, step right making ½ turn to the right  
7&8            Step forward on left, lock right behind right, step forward on left

## FORWARD STEPS, ½ TURNS TO THE LEFT, ¼ TURN TO THE LEFT, CROSS SHUFFLE

1-2            Step forward on right, step left making ½ turn to the left  
3-4            Step forward on right, step left making ½ turn to the left  
5-6            Step forward on right, step left making ¼ turn to the left  
7&8            Cross right over left, step left quickly to left side, cross right over left

**REPEAT**

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