

Lost In The Shuffle

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sho Botham (UK)
音乐: Amarillo - Big House



A Basic Lindy is a shuffle followed by 2 steps. For example, shuffle to right (step right to right, close left to right, step right to right), step left in place, step right in place.

LINDYS WITH ARM SWINGS AND ¼ TURNS

1&2 Lindy forward starting right (shuffle forward right-left-right)

3-4 Step forward left, step in place right.

The arms do a relaxed swing to cross the forearms in front of the chest on shuffle, both arms raised on counts 3 4, with optional finger clicks.

5&6 Lindy backward starting left (shuffle back left-right-left)

7-8 Pivot ¼ turn right and rock step back right, step in place left

The arms do a relaxed swing to cross the forearms on shuffle as before, both arms swing backwards (low)

9-16 Repeat counts 1-8 to finish facing ½ turn from original starting position.

SHUFFLES WITH SHOULDER LEAD

17&18 Shuffle forward right-left-right

19&20 Shuffle forward left-right-left

21&22 Shuffle forward right-left-right

23&24 Shuffle forward left-right-left

Lead with shoulder on same side as forward foot. That is, 17&18 leads with right shoulder. This shoulder lead should also have a slight body incline forward giving a roll effect

STEP BACK AND TOUCH WITH CLAPS

25-28 Step diagonally back right, touch left to right with clap

27-28 Reverse to left

29-32 Repeat counts 25-28

REPEAT
