Lost In Texas



拍数: 72 墙数: 4 级数: Intermediate

编舞者: Karl Cregeen (UK)

音乐: Don't Try To Find Me - Springer



TOE TOUCH, KICK, CROSS &CLAP (RIGHT & LEFT)

1-4 Touch your right toe to left instep, kick your right foot towards the right diagonal, cross your

right foot over your left foot, pause for one beat as you clap your hands

5-8 Touch your left toe to right instep, kick your left foot towards the left diagonal, cross your left

foot over your right foot, pause for one beat as you clap your hands

SIDE STRUTS TO RIGHT, ROCK STEP, CROSS, CLAP

9-12 Step with your right toe to the right side, drop the heel & take weight, cross left over right with

the toe, drop your heel & take weight

13-16 Rock onto your right foot to the right side, replace weight onto your left foot, cross right foot

over your left, and pause for one beat as you clap your hands

TOE TOUCH, KICK, CROSS &CLAP (LEFT & RIGHT)

17-20 Touch your left toe to right instep, kick your left foot towards the left diagonal, cross your left

foot over your right foot, pause for one beat as you clap your hands

Touch your right toe to left instep, kick your right foot towards the right diagonal, cross your

right foot over your left foot, pause for one beat as you clap your hands

SIDE STRUTS TO LEFT, ROCK STEP, CROSS, CLAP

25-28 Step with your left toe to the left side, drop the heel & take weight, cross right over left with

the toe, drop your heel & take weight

29-32 Rock onto your left foot to the left side, replace weight onto your right foot, cross left foot over

your right, and pause for one beat as you clap your hands

ROCKING CHAIR FORWARD & BACK, PIVOT ½ TURN LEFT, SCUFF

33-36 Step forward with your right foot and rock, replace weight back onto your left foot, step back

with your right foot and rock, replace weight forward onto your left foot

37-40 Step forward with your right foot, pivot ½ turn to the left placing your weight onto your front

foot, step forward with your right foot, and scuff your left foot past the right

LEFT AND RIGHT LOCK STEPS FORWARD

Step forward with your left foot (with slight angle of your body to right), step with your right

foot crossing behind the left ankle, step forward with your left foot, and scuff your right foot

past the left

45-48 Step forward with your right foot (with slight angle of your body to left), step with your left foot

crossing behind the right ankle, step forward with your right foot, and scuff your left foot past

the right

TURN ½ PIVOT RIGHT, STRUT FORWARD, ¾ PIVOT LEFT, TOE TOUCHES

Step forward with your left foot, pivot ½ turn to the right placing your weight onto your front

foot, step forward with your left toe, drop your left heel and place weight onto the left foot

53-56 Step forward with your right foot, pivot ¾ turn to the left placing your weight onto your left

foot, touch your right foot out to the right side, and touch right foot next to left (no weight

change)

KICK FORWARD, RIGHT LOCK BACK, KICK FORWARD LEFT LOCK BACK

57-60 Kick forward with your right foot, step back onto your right foot (slight angle of the body to your right), step left foot in front of right across right ankle, step back onto right foot

Kick forward with your left foot, step back onto your left foot (slight angle of the body to your left), step right foot in front of left across left ankle, step back onto left foot

SLOW RIGHT COASTER STEP BACK, SCUFF, LEFT LOCK FORWARD, TOUCH

Step back onto your right foot, step your left foot next to right, step forward with your right

foot, and scuff the left foot past the right

Step forward with your left foot (with slight angle of your body to right), step with your right

foot crossing behind the left ankle, step forward with your left foot, and touch your right foot

next to the left

REPEAT