

Lost Hearts

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Wrangler (Rozanne) Wild (AUS)
音乐: The Thought of Bein' In Love - Chad Brock



STEP FORWARD, ½ TURN, STEP BACK, ROCK BACK, FORWARD, STEP FORWARD, ½ TURN TAP, STEP FORWARD TWICE, ¼ TURN

1-2 Step right forward, on ball of right turn ½ right stepping left back
3-4 Rock back on right, rock forward on left (6:00)
5-6 Step right forward, on ball of right turn ½ left and tap left over right
7&8 Step left forward, step right forward, pivot ¼ left (paddle turn) (9:00)

STEP OVER, ¼ TURN, STEP BACK, ½ TURN TRIPLE, STEP OVER, SIDE, BEHIND, ¾ UNWIND

12 Step right over left, on ball of right turn ¼ right stepping left back (12:00)
3&4 On ball of left turn further ½ right stepping right, left, right on spot (6:00)
5-6 Step left over right, step right to side
7-8 Touch left behind right, unwind ¾ turn left (weight left). (9:00)

STEP FORWARD, FORWARD, ¼ TURN, BALL STEP, ¼ TURN, STEP FORWARD. REPEAT

1-2 Step right forward, step left forward
&3-4 Twisting body ¼ left step slightly back on ball of right, replace weight left, twisting ¼ right step right forward
5-6 Step left forward, step right forward
&7-8 Twisting body ¼ right step slightly back on ball of left, replace weight right, twisting ¼ left step left forward

STEP FORWARD, ½ PIVOT, ½ TURN SHUFFLE TWICE, HEEL FORWARD, STEP IN PLACE, TOE BACK, STEP IN PLACE

1-2 Step right forward, pivot ½ left (3:00)
3&4 Turning ½ left shuffle right, left, right
5&6 Turning ½ left, shuffle left, right, left (3:00)
&7 Touch right heel forward at same time raising left heel, drop left heel in place
&8 Touch ball of right back at same time raising left heel, step on left in place

Option for counts 3-6: shuffle forward right, left, right. Shuffle forward left, right, left

REPEAT

RESTART

The third time you face the back wall, dance counts 1-24 only. You will finish facing 3:00. Restart on this wall

END

You will be facing front. Dance counts 1-10 (be facing front) then full turn triple right stepping right, left, right back to front (option: triple step on spot)
