

# Lost Heart Slide

拍数: 64      墙数: 4      级数: Intermediate  
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音乐: Put Your Heart Into It - Sherrié Austin



## TRAVELING BACKWARDS STEP HOLD-STEP HOLD TWIST-TWIST-HOLD

1-2      Step side right on right twisting to right, hold  
3-4      Step side left on left twisting to left, hold  
5-8      Twist right, twist left, twist right, hold

1-2      Step side left on left twisting to left, hold  
3-4      Step side right on right twisting right, hold  
5-8      Twist left, twist right, twist left, hold

## STEP CLAP TURN ¼ CLAP STEP CLAP ½ TURN CLAP ¾ LEFT COMPLETE

1-2      Step forward on left, bend forward clap low  
3-4      Pivot ¼ turn left weight on left, clap up  
5-6      Step forward on right, bend forward clap low  
7-8      Pivot ½ turn left weight on left, clap up

## SHUFFLE-SHUFFLE -WALK-WALK-SHUFFLE

1&2-3&4      Shuffle forward right-left-right, - left-right-left  
5-6-7&8      Walk right, walk left, shuffle right-left-right

## STEP SLIDE STEP SLIDE SHUFFLE ¼ LEFT ½ RIGHT ¼ LEFT ½ RIGHT

1-4      Step giant step left on left, drag right together (3 counts)  
5-8      Step giant step back on right, drag left together (3 counts)

1&2-3&4      Shuffle ¼ turn left left-right-left, shuffle ½ turn right-right-left-right  
5-8      Shuffle ¼ turn left left-right-left, shuffle ½ turn right-right-left-right

1-4      Step side left, drag right together (3 counts)  
5-8      Step giant step back on left, drag right together (3 counts)

1-4      Shuffle ¼ turn left on left-right-left, ½ turn shuffle right-right-left-right  
5-8      Shuffle ¼ turn left on left-right-left, ½ turn right stomp right, stomp left

## REPEAT