

Lost & Gone

拍数: 32 墙数: 4 级数: Improver social cha
编舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)
音乐: (If I Wanna Hear) A Cheatin' Song - Anita Cochran



SIDE STEPS, SIDE SHUFFLE, CROSS ROCK STEPS, RECOVER, ¼ TURN TO THE RIGHT SHUFFLE

1-2 Step left to left side, step right next to left
3&4 Step left to left side, step quickly with right next to left, step left to left side
5-6 Cross right over left, recover on left
7&8 Step right making ¼ turn to the right, step left quickly next to right, step right forward

MODIFIED JAZZ BOXES

1-2 Cross left over right, step back on right
3&4 Step left to left side, step quickly with right, next to left, step left to left side
5-6 Cross right over left, step back on left
7&8 Step right to right side, step quickly with left next to right, step right to right side

FORWARD STEP, ¼ TURN TO THE RIGHT, CROSS SHUFFLES, ROCK STEP, RECOVER STEP

1-2 Step left forward, step right making ¼ turn to the right
3&4 Cross left over right, step right to right side, cross left over right
5-6 Rock right to right side, recover on left
7&8 Cross right over left, step left to left side, cross right over left

ROCK STEPS, RECOVER STEPS, COASTER STEP, SHUFFLE TURNING ¾ TO THE RIGHT

1-2 Rock forward on left, recover on right
3&4 Step back on left, step back on right, step forward on left
5-6 Rock forward on right, recover on left
7&8 Step right making ½ turn to the right, step left making ¼ turn to the right, step right next to left

REPEAT
