

Losing My Mind

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Foolish - Tyler James



KICK-BALL-POINT, CROSS-½ UNWIND, COASTER STEP, BRUSH-STEP

1&2 Kick right forward, step in place on right, point left toe to left side
3-4 Cross left over right, unwind ½ turn right (weight on left)
5&6 Step back on right, step left next to right, step forward on right
7-8 Brush left forward, step left forward (6:00)

KICK-BALL-POINT, CROSS-¾ UNWIND, COASTER STEP, BRUSH-TOUCH

1&2 Kick right forward, step in place on right, point left toe to left side
3-4 Cross left over right, unwind ¾ turn right (weight on left)
5&6 Step back on right, step left next to right, step forward on right
7-8 Brush left forward, touch left toe forward (3:00)

HIP CIRCLE, TOGETHER-WALK-WALK, ¼ SWEEP-CROSS, & CROSS-SIDE

1-2 Roll hips in a circle to left over 2 counts (keep weight on right)
&3-4 Step left next to right, step forward on right, step forward on left
5-6 Sweep right around to front making ¼ turn left, cross step right over left
&7-8 Small step left to left side, cross right over left, step left to left side (12:00)

SIDE ROCK, CHASSE, CROSS ROCK, & STEP-½ TURN

1-2 Step right to right side, rock weight onto left
3&4 Step right to right side, step left next to right, step right to right side
5-6 Cross left over right, rock weight back onto right
&7-8 Step left next to right, step forward on right, pivot ½ turn left (6:00)

SIDE-HOLD, CROSS-HOLD, SIDE-SLIDE, & CROSS-½ TURN

1-2 Step right to right side, hold one count
3-4 Cross step left over right, hold one count
5-6 Step right large step to right side, slide left to touch next to right
&7-8 Step left next to right, cross step right over left, step left to left side making ½ turn right (hinge) (12:00)

CHASSE, CROSS ROCK, CHASSE-¼ TURN, STEP-½ TURN

1&2 Step right to right side, step left next to right, step right to right side
3-4 Cross step left over right, rock weight back onto right
5&6 Step left to left side, step right next to left, step left ¼ turn left
7-8 Step forward on right, pivot ½ turn left (3:00)

CROSS-BACK-&-CROSS-POINT, CROSS-POINT TWICE

1-2 Cross right over left, step back on left
&3-4 Small step right next to left, cross left over right, point right toe to right side
5-6 Cross right over left, point left toe to left side
7-8 Cross left over right, point right toe to right side (3:00)

REVERSE SAILOR STEP TWICE (TRAVEL BACK), BACK ROCK, STEP-½ TURN

1&2 Step right behind left, step left to left side, step right to right side
3&4 Step left behind right, step right to right side, step left to left side

5-6 Step back on right, rock weight forward onto left
7-8 Step forward on right, pivot ½ turn left (9:00)

REPEAT
