

Losin' Control

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate/Advanced
编舞者: Steve Rutter (UK)
音乐: Caught Up - Usher



STEP BACK, TOE TAP, LEFT KICK BALL-TOUCH WITH ¼ TURN LEFT, CROSS, SIDE ROCK, CROSS, UNWIND ¾ TURN RIGHT, SIDE STEP

1-2 Step back on right, tap left toe across right
3&4 Kick left forward, step left beside right, make a quarter turn left touching right toe to right side
5&6 Cross right over left, rock left to left side, recover weight onto right
7&8 Cross left over right, unwind a three-quarter-turn right, step right-to-right side

CROSSING MAMBO ROCK, CROSS, UNWIND FULL TURN LEFT, RIGHT VINE, TOE TOUCH, SIDE STEP, CROSS, UNWIND ½ TURN LEFT

9&10 Cross rock left over right, recover weight back onto right, step left-to-left side
11&12 Cross right over left, unwind a full turn left, step right-to-right side
13&14 Cross left behind right, step right-to-right side, touch left toe forward and across right
& Step left-to-left side
15-16 Cross right over left, unwind a half turn left (weight ending on left)

SIDE STEP, CROSS BEHIND, SIDE ROCK & CROSS, TOE TOUCH, FLICK BACK WITH ¼ TURN LEFT, TOE TOUCH, WEAVE

17-18 Step right to right side, cross left behind right
19&20 Rock right-to-right side, recover weight onto left, cross right over left
21&22 Touch left toe to left side, making a quarter turn left flick left foot behind right knee, touch left toe to left side
23&24 Cross left behind right, step right-to-right side, cross left over right

TOE SWITCHES, HITCH, ¾ TURN RIGHT, COASTER TOUCH, ¼ TURN RIGHT, CROSS, UNWIND ¾ TURN RIGHT

25&26 Touch right toe to right side, close right beside left, touch left toe to left side
&27 Close left beside right, touch right toe to right side
&28 Hitch right knee, on ball of left spin a three-quarter-turn right
29&30 Step back on right, close left beside right, touch right toe to right side
31&32 Make a quarter turn right stepping right to right side, cross left over right, unwind a three-quarter-turn right

REPEAT

RESTART

On wall 4 restart dance after 16 counts (cross, unwind a half turn left)
