

Lorraine

拍数: 40 墙数: 2 级数:
编舞者: Glynn Holt (UK)
音乐: Lorraine - Jenai



EXTENDED VINE RIGHT, RIGHT SIDE ROCK CROSS, HOLD

1-4 Step right to right side, cross left behind right, step right to right side, cross step left over right
5-8 Rock right to right side, recover weight on left, cross step right over left, hold

VINE QUARTER TURN LEFT, SCUFF, SHUFFLE FORWARD, ROCK, RECOVER

1-2 Step left to left side, cross right behind left
3-4 Step left ¼ turn left, scuff right forward
5&6 Shuffle forward on right, left, right
7-8 Rock forward on left, recover on right

BACK SHUFFLE, ½ TURNING SHUFFLE, STEP ½ TURN, WALK FORWARD TWICE

1&2 Shuffle back on left, right, left
3&4 Make a ½ turn over right shoulder shuffling on right left right
5-6 Step forward on left make and pivot ½ over right shoulder
7-8 Walk forward left right

SIDE SHUFFLE, ROCK, RECOVER, SIDE SHUFFLE, ROCK RECOVER

1&2 Side shuffle to left on, left right left
3-4 Rock back on right, recover on left
5&6 Side shuffle to right on right left right
7-8 Rock back on left, recover on right

VINE ¼ TURN LEFT, JAZZ BOX ON SPOT WITH A TOUCH

1-2 Step left to left side, cross right behind left
3-4 Step left ¼ turn, touch right next to left (weight on left)
5-6 Cross right over left, step back on left
7-8 Step right to right side, touch left next to right putting weight on left foot

REPEAT
