

Loose Caboose

拍数: 64 墙数: 4 级数:
编舞者: Peter Metelnick (UK)
音乐: Boogie Till The Cows Come Home - Roger Brown & Swing City



VINE RIGHT 3, LOOSE CABOOSE (SHAKE THAT THANG!)

- 1-3 Step right foot to right side, cross left foot behind right foot and step, step right foot to right side
4-8 Loose caboose: bump hips right, left, right, left, right (weight ends on right foot)

VINE LEFT 3, LOOSE CABOOSE (SHAKE THAT THANG!)

- 1-3 Step left foot to left side, cross right foot behind left foot and step, step left foot to left side
4-8 Loose caboose: bump hips left, right, left, right, left (weight ends on left foot)

FORWARD SHUFFLE, ½ RIGHT, FORWARD SHUFFLE WITH ½ RIGHT TURN, RIGHT ROCK BACK, LEFT RECOVER

- 1&2 Step right foot forward, step left foot together, step right foot forward (move very quickly!!)
3-4 Step left foot forward, ½ right pivot turn
5&6 Step left foot forward turning ½ right, step right foot together, step left foot together
7-8 Step right foot back and rock back, recover weight on left foot

RIGHT FORWARD COASTER STEP, HOLD, LEFT BACK COASTER STEP, HOLD

- 1-4 Step right foot forward, step left foot together, step right foot back, hold & clap
5-8 Step left foot back, step right foot together, step left foot forward, hold & clap

TOE STEPS LEFT

- 1-2 Cross right foot over left and touch right toes down, step right foot down (& snap fingers-optional)
3-4 Touch left toes to left side, step left foot down (& snap fingers-optional)
5-8 Repeat above 4 counts

MONTEREY TURN

- 1-2 Touch right toes out to right side, pivot ½ right on left foot while stepping right foot together
3-4 Touch left toes out to left side, step left foot together (weight on left foot)

TOE STEPS LEFT

- 1-2 Cross right foot over left and touch right toes down, step right foot down (& snap fingers-optional)
3-4 Touch left toes to left side, step left foot down (& snap fingers-optional)
5-8 Repeat above 4 counts

MONTEREY TURN

- 1-2 Touch right toes out to right side, pivot ½ right on left foot while stepping right foot together
3-4 Touch left toes out to left side, step left foot together (weight on left foot)

VINE RIGHT & CLAP, VINE LEFT WITH ¼ & CLAP

- 1-4 Step right foot to right side, cross left foot behind right and step, step right foot to right side, touch left foot together & clap
5-8 Step left foot to left side, cross right foot behind right and step, step left foot to left side, touch right foot together & clap (optional: spin 1¼ left ending with weight on left foot)

REPEAT

