

Looking Back

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Lisa Ferguson (UK)
音乐: World Trade Center - Garth Brooks



MAMBO ½ TURN RIGHT, LEFT CROSS MAMBO, RIGHT CROSS MAMBO WITH ¼ TURN RIGHT, STEP LEFT, TURN RIGHT STEP LEFT

1&2 Rock forward on right, replace weight onto left, step right ½ turn over right
3&4 Cross rock left over right, replace weight onto left, step left to left side dragging right
5&6 Cross rock right over left, replace weight onto right, step right ¼ turn right
7&8 Step forward on left, make ½ pivot turn over right, step forward on left

TRIPLE FULL TURN LEFT, MAMBO WITH ¼ TURN LEFT, RIGHT CROSS MAMBO WITH ¼ TURN RIGHT, CROSS & ROCK

1&2 Make full turn over left stepping right, left, right (can be replaced with right shuffle forward)
3&4 Rock forward on left, replace weight onto right, step left ¼ turn left
5&6 Cross rock right over left, replace weight onto left, step right ¼ turn right
7&8 Cross left over right, rock right out to right side, replace weight back onto left

CROSS & ROCK, MAMBO ½ TURN LEFT, RIGHT CROSS MAMBO, LEFT CROSS MAMBO WITH ¼ TURN LEFT

1&2 Cross right over left, rock left out to left side, replace weight back onto right
3&4 Rock forward on left, replace weight back onto right, step left ½ turn over left
5&6 Cross rock right over left, replace weight onto left, step right to right side, dragging left
7&8 Cross rock left over right, replace weight onto right, step left ¼ turn left

ROCK & CROSS, SIDE, BEHIND, ¼ TURN LEFT, STEP RIGHT, ½ TURN LEFT, STEP RIGHT, MAMBO WITH ¼ TURN LEFT

1&2 Rock right out to right side, replace weight onto left, cross right over left
3&4 Step left to left side, cross right behind left, step left ¼ turn left
5&6 Step forward on right, ½ pivot over left, step forward on right
7&8 Rock forward on left, replace weight onto right, step left ¼ turn left

REPEAT
