A Long Way Home

拍数: 40

级数: Beginner

编舞者: Harlan Curtis (USA)

音乐: A Long Way Home - Dwight Yoakam

RIGHT HEEL, LEFT HEEL, GRAPEVINE RIGHT

- 1-2 Right heel touch forward, return
- 3-4 Left heel touch forward, return
- 5-6 Step right foot right, step left behind right
- 7-8 Step right foot right, step left next to right

KICK-BALL CHANGE, KICK-BALL CHANGE, TOE STRUT, TOE STRUT

- 1&2 Kick right foot forward, step ball of right next to left, step left in place
- 3&4 Kick right foot forward, step ball of right next to left, step left in place
- 5-6 Touch right toe across left foot, heel down. (still facing wall one)
- 7-8 Touch left toe to the left, heel down. (still facing wall one)

ROTATING JAZZ BOX ¼ TURN RIGHT, ROTATING JAZZ BOX ¼ TURN RIGHT

- 1-2 Cross right over left, step back on left as you turn 1/4 turn to your right
- 3-4 Step right to right side, step left foot next to right
- 5-6 Cross right over left, step back on left as you turn 1/4 turn to your right
- 7-8 Step right to right side, step left foot next to right

HEELS OUT, TOES OUT, TOES IN, HEELS IN, TWO BACKWARDS TOE STRUTS

- 1-2 Both heels out, both toes out
- 3-4 Both toes in, both heels in. (feet together)
- 5-6 Right toe touch back, right heel down
- 7-8 Left toe touch back, left heel down

KICK-BALL CHANGE, KICK-BALL CHANGE, HEEL PULL, STOMP, STOMP

- 1&2 Kick right foot forward, step ball of right next to left, step left in place
- 3&4 Kick right foot forward, step ball of right next to left, step left in place
- 5-6 Place toes of right foot behind left heel (with weight on the ball of left foot), swivel to the left 1/4 with a heel pull (pull left heel with right toes)
- 7-8 Stomp right foot, stomp left foot (clap hands as you stomp, stomp)

REPEAT





墙数:4