

# Long Time Gone

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Darren "Texas Tornado" Tubridy (UK)  
音乐: Long Time Gone - The Chicks



## GRAPEVINE RIGHT, SCUFF LEFT, GRAPEVINE LEFT, SCUFF RIGHT

1-4            Step right to right side, step left behind right, step right to right side, scuff left foot  
5-8            Step left to left side, step right behind left, step right to right side, scuff right foot

## RIGHT ROCK, TURNING SHUFFLE, LEFT ROCK, TURNING SHUFFLE

9-10          Rock forward on right foot, recover weight on left foot  
11&12        Make a ½ turn over right shoulder stepping right, left, right  
13-14        Rock forward on left, recover weight onto right foot  
15&16        Make a ½ turn over left shoulder stepping left, right, left

## RIGHT ROCK, CROSS SHUFFLE, LEFT ROCK, CROSS SHUFFLE

17-18        Rock right to right side, recover weight on left  
19&20        Cross right over left, step left behind, cross right over left  
21-22        Rock left to left side, recover weight onto right  
23&24        Cross left over right, step right behind, cross left over right

## MONTEREY TURN, RIGHT KICK-BALL CHANGE TWICE

25-26        Touch right foot to right side, on ball of left foot make a ½ turn over right shoulder  
27-28        Touch left foot to left side, touch left beside right  
29&30        Kick right foot forward, step right beside left, step left in place  
31&32        Kick right foot forward, step right beside left, step left foot in place

## WEAVE RIGHT WITH ½ TURN SCUFF, CHASSE LEFT, RIGHT ROCK

33-36        Step right to right side, step left behind, step right to right side, scuff left making ¼ turn right over right shoulder  
37&38        Step left to left side, close right beside left, step left to left side  
39-40        Rock right behind left, recover weight onto left foot

## GRAPEVINE RIGHT WITH A ¼ TURN RIGHT, LEFT SCUFF, RIGHT SCUFF, LEFT SCUFF

41-42        Step right to right side, step left foot behind right, step right foot to right side, making a ¼ turn right  
43-44        Step right foot forward, scuff left foot  
45-46        Step left foot forward, scuff right foot  
47-48        Step right foot forward, scuff left foot

## TURNING SHUFFLE, BACK ROCK, LEFT SHUFFLE, RIGHT SHUFFLE

49&50        Make a ½ turn left stepping left, right, left  
51-52        Rock back on right foot, recover weight onto left foot  
53-54        Shuffle forward on right, left, right  
55-56        Shuffle forward on left, right, left

## TURNING SHUFFLE, LEFT COASTER STEP, TOE STRUTS

57&58        Make a ½ left stepping right, left, right  
59&60        Step back on left foot, step right beside left, step forward on left  
61-62        Step right toe forward, step down on right heel  
63-64        Step left toe forward, step down on left heel

**REPEAT**

**RESTART**

On 2nd wall dance up to count 60 & start dance again

**TAG**

On the 5th wall add a tag when you hear the word "star"

**RIGHT KICK BALL CHANGE TWICE, MONTEREY TURN**

1&2 Kick right foot forward, step right beside left step left in place

3&4 Kick right foot forward, step right beside left, step left in place

5-6 Touch right foot to the side, on ball of left foot make a ½ turn right

7-8 Touch left foot to left side, touch left beside right

9-16 Repeat the above 8 counts

**A full turn, ¼ turn right can be substituted for the grapevine for advanced dancers. Near the end of the track there is a section of music that seems out of time with the dance, just dance straight through & the dance will fit in at the end**

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