

# Long Legs

拍数: 32      墙数: 4      级数: Improver  
编舞者: Ian Dunn (AUS)  
音乐: God Made Woman On a Good Day - Tracy Lawrence



## STEP ½, TRIPLE ½, ROCK BACK, FORWARD, HEEL, BALL STEP

- 1-2      Step right forward, pivot ½ turn left transfer weight to left (6:00)
- 3&4      Triple step moving slightly forward right-left-right turning ½ turn left
- 5-6      Rock back on left, rock forward on right
- 7&8      Place left heel forward, step left back, step right forward

## STEP SWAY, RETURN, SHUFFLE BACK, ROCK BACK, RETURN ¾ LEFT

- 1      Step left forward dip slightly & sway left hip forward & face body to approx 1:30
- 2      Rock back onto right (return to face the home wall) and dip slightly & sway right hip back
- 3&4      Shuffle back left-right-left
- 5-6      Rock back onto right (leave left heel on floor & raise left toe for style), weight forward onto left
- 7      Step right forward ¼ turn left
- 8      Continue extra ½ turn left on the ball of right foot step forward on left (3:00)

## SHUFFLE, ½, SHUFFLE, ½

- 1&2      Shuffle forward right-left-right
- 3-4      Step left forward pivot turn ½ turn right transfer weight to right (9:00)
- 5&6      Shuffle forward left-right-left
- 7-8      Full turn left moving forward step right-left

## STEP, TOUCH, SHUFFLE, STEP, TOUCH, SHUFFLE

- 1-2      Step forward right at 45 degrees right, touch left toe beside right
- 3&4      Shuffle forward left-right-left at 45 degrees left
- 5-6      Step forward right at 45 degrees right, touch left toe beside right
- 7&8      Shuffle forward left-right-left at 45 degrees left

## REPEAT

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