

Long Legs

拍数: 32 墙数: 4 级数: Improver
编舞者: Ian Dunn (AUS)
音乐: God Made Woman On a Good Day - Tracy Lawrence



STEP ½, TRIPLE ½, ROCK BACK, FORWARD, HEEL, BALL STEP

- 1-2 Step right forward, pivot ½ turn left transfer weight to left (6:00)
- 3&4 Triple step moving slightly forward right-left-right turning ½ turn left
- 5-6 Rock back on left, rock forward on right
- 7&8 Place left heel forward, step left back, step right forward

STEP SWAY, RETURN, SHUFFLE BACK, ROCK BACK, RETURN ¾ LEFT

- 1 Step left forward dip slightly & sway left hip forward & face body to approx 1:30
- 2 Rock back onto right (return to face the home wall) and dip slightly & sway right hip back
- 3&4 Shuffle back left-right-left
- 5-6 Rock back onto right (leave left heel on floor & raise left toe for style), weight forward onto left
- 7 Step right forward ¼ turn left
- 8 Continue extra ½ turn left on the ball of right foot step forward on left (3:00)

SHUFFLE, ½, SHUFFLE, ½

- 1&2 Shuffle forward right-left-right
- 3-4 Step left forward pivot turn ½ turn right transfer weight to right (9:00)
- 5&6 Shuffle forward left-right-left
- 7-8 Full turn left moving forward step right-left

STEP, TOUCH, SHUFFLE, STEP, TOUCH, SHUFFLE

- 1-2 Step forward right at 45 degrees right, touch left toe beside right
- 3&4 Shuffle forward left-right-left at 45 degrees left
- 5-6 Step forward right at 45 degrees right, touch left toe beside right
- 7&8 Shuffle forward left-right-left at 45 degrees left

REPEAT
