Long As I Got You

拍数: 64

级数: Intermediate

编舞者: Mark Simpkin (AUS)

音乐: Long As I've Got You - James Bonamy

POINT, ½ TURN, ROCK SIDE, REPLACE, STOMP, KICK, ROCK BACK, REPLACE

- 1-2 Touch right toe to right side, turn ½ turn right & step right beside left
- 3-4 Step/rock left to left side, replace weight to right
- 5-6 Stomp left beside right, kick right foot forward
- 7-8 Rock back onto right, rock forward onto left

1/4 TURN STRUT, 1/2 PIVOT, TURNING SHUFFLE, ROCK BACK, REPLACE

- 1-2 Turn ¼ turn right & touch right toe forward, drop right heel
- 3-4 Step left forward, pivot ¹/₂ turn right taking weight to right
- 5&6 Shuffle forward left, right, left turning ½ turn right
- 7-8 Rock back on right, rock forward on left

KICK, STEP, KICK, STEP, 2 HEEL JACKS

- 1-4 Kick right forward, step down on right, kick left forward, step down on left (done with a bouncing motion)
- &5&6 Step right back, tap left heel forward, step down on left, tap right behind left
- &7&8 Repeat above 2 counts (&5&6)

STEP, ½ PIVOT, TURNING STRUT, ROCK BACK, REPLACE, KICK BALL CHANGE

- 1-2 Step right forward, pivot ½ turn left taking weight to left
- 3-4 Step ball of right forward, pivot ½ turn left dropping right heel taking weight
- 5-6 Rock back on left, rock forward on right
- 7&8 Kick left forward, ball change in place left, right

FORWARD LOCK STEP, ¾ PIVOT, SIDE STRUT

- 1-4 Step left forward, lock right behind left, step left forward, scuff right beside left
- 5-6 Step right forward, pivot ³/₄ turn left taking weight to left
- 7-8 Step ball of right to right side, drop right heel

ROCK BACK, REPLACE, SIDE SHUFFLE, ROCK BACK, REPLACE, SIDE SHUFFLE

- 1-2 Rock left back behind right, replace weight to right
- 3&4 Shuffle to left side left, right, left
- 5-6 Rock right back behind left, replace weight to left
- 7&8 Shuffle to right side ending with ¼ turn right

TOE HEEL, STEP, TOE, HEEL, STEP, SCUFF, ¼ TURN

- 1-2 Tap left toe at 45 degrees left with knee turned in, tap left heel at 45 degrees left with knee turned out
- 3 Step left forward
- 4-5 Tap right toe at 45 degrees right with knee turned in, tap right heel at 45 degrees right with knee turned out
- 6-8 Step right forward, scuff left beside right, turn ¼ turn right & step left to left side pushing hips left

HIPS RIGHT TWICE, HIPS LEFT TWICE, 2 HIP ROLLS

- 1-4 Bump hips right twice, bump hips left twice
- 5-8 Roll hips to the left for two rotations ending on left side





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墙数:2

REPEAT