

Lonestar Shuffle (P)

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Partner
编舞者: John Corbett & Kate Corbett
音乐: The First Few Days of Love - Lorrie Morgan



Position: Same footwork, Start in Sweetheart position

¼ TURN, CROSS, ¼ TURN SHUFFLE TWICE

1 Pivot on left ¼ left stepping to side on right, (facing ILOD)
2-4 Cross left behind right, right shuffle turning ¼ turn into LOD
Beat 1 bring right arm over lady's head. Beats 3&4 release left hands raise right
5 Pivot on right ¼ turn right, stepping to side on left (facing OLOD)
6-8 Cross right behind left, left shuffle turning ¼ turn left into LOD
Beat 5 take right arm over lady's head, rejoin left hands

ROCK STEP TWICE, SHUFFLE STEP TWICE

9-10 Rock forward on right, recover onto left
11&12 Right shuffle back
13-14 Rock back on left, recover onto right
15&16 Left shuffle forward

SHUFFLE STEP, FULL TURN (LADY) TWICE, ROCK STEP

17&18 Right shuffle forward
19-20 **MAN:** Step in place left-right
 LADY: Full turn on left-right to go in front of man
On steps 19-20 raise both arms & change hands over lady's head
21-22 BOTH: Rock forward on left, recover onto right
23-24 **MAN:** Step in place on left-right
 LADY: Full turn left on left-right into reverse sweetheart
Steps 23-24 raise both arms & change hands over lady's head

ROCK STEP, SHUFFLE STEP, ½ PIVOT (MAN)

25-26 Rock back on left, recover onto right
27&28 Left shuffle forward
29-32 **MAN:** Step forward on right, pivot ½ turn left, rock forward on right, recover onto left
 LADY: Rocking chair, rocking forward & back on right
Beats 29-32 release left hands & pivot right palm to right palm

¼ TURN SHUFFLES TWICE, ½ PIVOT (LADY) RIGHT SHUFFLE

Remain palm to palm
33-36 Right shuffle turning ¼ turn right, left shuffle turning ¼ turn right
37-38 **MAN:** Rock back on right, recover onto left
 LADY: Step forward on right, pivot ½ turn right (LOD)
39&40 Right shuffle forward
Step 36 bring right arm around lady's shoulder, rejoin left hands

STEP LOCK, RIGHT VINE

41-44 Step forward on left, lock right behind left, step forward on left, touch right toe beside left
45-48 **MAN:** Right vine, touch left
 LADY: Rolling vine with touch

TOE TOUCHES TWICE, STEP TOUCH TWICE

49-52 Touch left toe to side, touch in place, touch left heel forward, touch right toe beside right
53-56 Step forward on left, touch right toe beside left, step forward on right, touch left beside right

TOE TOUCH, 3 SHUFFLES

57-58 Place left heel forward, touch toe across right
59-64 Left shuffle forward, right shuffle forward, left shuffle forward

REPEAT
