

The Lonely Waltz

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Jan Wyllie (AUS)
音乐: The Lonely Waltz - The Mavericks



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- 1-2-3 Step forward on left, step right, left, together (waltz forward)
4-5-6 Step back on right making $\frac{1}{4}$ turn left, step left, right, together
- 7-8-9 Step forward on left, step right, left, together (waltz forward)
10-11-12 Step back on right making $\frac{1}{4}$ turn left, step left, right together
- 13-14-15 Step forward on left, step right, left together
16-17-18 Step forward on right, step left, right together
- 19-20-21 Rock/step forward on left, rock back on right, step back on left
22 Making $\frac{1}{2}$ turn right back over right shoulder step forward on right
23 Making $\frac{1}{2}$ turn right step back on left
24 Making $\frac{1}{4}$ turn right step right to right side
- 25-26-27 Cross/rock left over right, rock/return weight to right, step left to left side
28-29-30 Cross/rock right over left, rock/return weight to left, step right to right side
- 31-32-33 Step forward on left, step right, left together (waltz forward)
34-35-36 Step back on right, step left, right together (waltz back)
- 37-38-39 Step forward on left, slide right beside left and place left hand on left hip, hold
40-41-42 Step back on right commencing $\frac{1}{2}$ turn left, step left, right together completing turn
- 43-44-45 Step forward on left, rock/step forward on right, rock back on left
46-47 Making $\frac{1}{2}$ turn right step forward on right, making $\frac{1}{2}$ turn right step back on left
48 Making $\frac{1}{4}$ turn right step right beside left

REPEAT
