

Lonely Too

COPPER KNOB
BY STEPHEN METZ

拍数: 48 墙数: 2 级数: Improver waltz
编舞者: Anita Ludlow (UK)
音乐: Lonely Too - Lee Ann Womack



TWINKLE STEP, TWINKLE STEP ¼ TURNING RIGHT

1-2-3- Step left over right, step on ball of right to right side, step left in place
4-5-6 Step right over left at same time swivel on ball of right foot ¼ turning right, step on ball of left to left side, step right in place

STEP HOLD, HOLD, ROCK, ROCK, ROCK ¼ TURNING RIGHT

1-2-3- Step left across right (taking arms out to the side with palms back) & hold for 2 counts
4-5-6 Rock right to right side, rock left to left side turning diagonally to face wall to your right, rock back onto right, completing ¼ turn right

WEAVE, ¼ STEP, ½ PIVOT TURN

1-2-3 Step left over right, step right to right side, cross left behind right
4-5-6 ¼ turn right as you step onto right, step forward on left ½ pivot turning right as you step onto right

TWINKLE FORWARD TWICE

1-2-3 Step left over right (traveling slightly forward) step onto ball of right foot to right side, step left slightly forward
4-5-6 Step right over left (traveling slightly forward) step onto ball of left foot to left side, step right slightly forward

STEP HOLD, HOLD, ROCK, ROCK, ROCK ¼ TURNING RIGHT

1-2-3 Step left across right (taking arms out to the side with palms back) & hold for 2 counts
4-5-6 Rock right to right side, rock left to left side turning diagonally to face wall to your right, rock back onto right, completing ¼ turn right

WALTZ FORWARD ½ TURNING LEFT. WALTZ ON THE SPOT

1-2-3 Step forward on left raising up on to ball of foot swivel to left, step right in place, step left in place
4-5-6 Step left slightly back, step right in place, step left forward slightly

TWINKLE LEFT TWINKLE RIGHT

1-2-3 Step left over right, step on ball of right to right side, step left in place
4-5-6 Step right over left, step on ball of left to left side, step right in place

WALTZ FORWARD ½ TURNING LEFT. WALTZ ON THE SPOT

1-2-3 Step forward on left raising up on to ball of foot swivel to left, step right in place, step left in place
4-5-6 Step left slightly back, step right in place, step left forward slightly

REPEAT

TAG

Add 2 twinkles after the 4th wall
