

# Lone Star Lonesome

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Adrian Churm (UK)  
音乐: Lonestar Lonesome - Dave Sheriff



---

## SUGAR FOOT WITH SHUFFLES FORWARD ON RIGHT AND LEFT FOOT, ROCK STEP, SHUFFLE BACK AND BACK PIVOT TURN, SHUFFLE FORWARD

1-2            Touch right toe into left instep, touch right heel into left instep  
3&4           Shuffle forward, right, left, right  
5-8           Repeat steps 1-4 on the opposite foot  
9-10          Step forward on right, replace weight back onto left  
11&12        Shuffle backwards right, left, right  
13-14        Touch left toe back and make a half turn to the left, ending with the weight on the left foot  
15&16        Shuffle forward right, left, right

## LEFT AND RIGHT KICK STEPS AND SWIVELS, CROSS ROCK, QUARTER TURN SHUFFLE, ROCK REPLACE, BACK STEP, DRAW AND TAP

17&18        Kick left foot forward, step back with left, tap right toe forward (knee bent)  
&19&20       On the balls of both feet swivel heels right, center, right, center  
21-24        With weight on the left foot repeat 17-20 on the right foot  
25-26        Rock step, right foot forward and across left, replace weight back onto left foot  
27-28        Making a quarter turn to the right, shuffle right, left, right  
29-32        Left foot forward, replace weight back onto right foot, step left foot back and draw right foot towards left and tap next to left

**REPEAT**

---