

Lone Star

拍数: 32 墙数: 4 级数: Improver
编舞者: Mary Kelly (UK)
音乐: Tequila Talkin' - Lonestar



RIGHT SHUFFLE FORWARD, ROCK, STEP, AND, ROCK, STEP, RIGHT SHUFFLE FORWARD

1&2 Shuffle forward right, left, right
3 Rock forward on left foot
4 Rock back in place on right foot
& Step on left foot beside right foot
5 Rock back on right foot
6 Rock forward in place on left foot
7&8 Shuffle forward right, left, right

QUARTER TURNING VINE, STEP, HALF PIVOT, LEFT SH FORWARD

9 Step left on left foot
10 Step right foot behind left foot
11 Step quarter turn left on left foot
12 Step forward on right foot
13 Step forward on left foot
14 Pivot half turn right with weight ending on right foot
15&16 Shuffle forward left, right, left

STEP, HALF PIVOT, AND, STEP, HALF PIVOT, LEFT SH FORWARD, STEP, KICK

17 Step forward on right foot
18 Pivot half turn left with weight ending on left foot
& Step right foot beside left foot
19 Step forward on left foot
20 Pivot half turn right with weight ending on right foot
21&22 Shuffle forward left, right, left
23 Step forward on right foot
24 Kick left foot forward

LEFT SHUFFLE BACK, ROCK, STEP, STEP, QUARTER PIVOT, STEP, QUARTER PIVOT

25&26 Shuffle back left, right, left
27 Rock back on right foot
28 Rock forward on left foot
29 Step forward on right foot
30 Pivot quarter turn left with weight ending on left foot
31 Step forward on right foot
32 Pivot quarter turn left with weight ending on left foot

Hip sways work well on steps 29-32

REPEAT