

# The "London" Waltz (P)

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 0      级数: Partner  
编舞者: Bryan Summers (UK) & Ann Summers  
音乐: If It Ain't One Thing (It's You) - Alan Jackson



Position: Sweetheart

## MAN'S STEPS

### BASIC WITH MAN'S FOOT CHANGE

- 1 Left step forward
- 2 Right step forward
- 3 Left step forward
- 4 Right step forward
- 5 Left touch beside right
- 6 Left step forward

### ROCK STEPS FACING OUTSIDE LOD

Man and lady on same footwork. Arms should be parallel at shoulder height

- 1 Step right turning  $\frac{1}{4}$  to face outside LOD
- 2 Step slightly back and rock onto left
- 3 Place right beside left
- 4 Cross left over right (in fifth)
- 5 Rock back onto right foot
- 6 Place left beside right

### $\frac{1}{4}$ TURN INTO BASIC WITH LEFT VINE

Arms return to sweetheart position

- 1 Step right making  $\frac{1}{4}$  turn to LOD
- 2 Left step forward
- 3 Right step forward
- 4 Step forward at 45 degrees on left
- 5 Cross right behind left
- 6 Step forward at 45 degrees on left

### RIGHT VINE. $\frac{1}{2}$ BASIC WITH MAN'S FOOT CHANGE

- 1 Step forward at 45 degrees on right
- 2 Cross left behind right
- 3 Step forward at 45 degrees on right
- 4 Left step forward
- 5 Touch right beside left
- 6 Right step forward

### LADY $\frac{1}{2}$ TURN. MAN BASIC WITH STEPS 5&6 IN PLACE

- 1 Left step forward
  - 2 Right step forward
- Man's left arm passing over lady's head
- 3 Left step forward
  - 4 Right step forward
- Hands should be crossed-lefts on top
- 5 Step left beside right
  - 6 Step right beside left

## TRAVELING ROSE ARCH

- 1 Step forward on left
- 2 Step forward on right
- 3 Step forward on left

**Man raises left arms to overhead and releases right hands**

- 4 Step forward on right turning  $\frac{1}{4}$  right
- 5 Step forward on left turning  $\frac{1}{4}$  right
- 6 Step back on right

**Man now facing RLOD, lady facing LOD**

- 1 Step back on left turning  $\frac{1}{4}$  right
- 2 Step forward on right turning  $\frac{1}{4}$  right
- 3 Step forward on left

**Man now facing LOD, lady facing RLOD**

- 4 Step forward on right
- 5 Step left beside right
- 6 Step right beside left

**Man & Lady move apart with Man moving left arms to waist level and picking up right hands under left**

## LADY'S $\frac{1}{2}$ TURN. MAN'S BASIC

- 1 Step forward on left
  - 2 Step forward on right
- Man's left arm passing over lady's head**
- 3 Step forward on left
  - 4 Step forward on right
  - 5 Step forward on left
  - 6 Step forward on right

## REPEAT

## LADY'S STEPS

### BASIC WITH MAN'S FOOT CHANGE

- 1 Right step forward
- 2 Left step forward
- 3 Right step forward
- 4 Left step forward
- 5 Right step forward
- 6 Left step forward

## ROCK STEPS FACING OUTSIDE LOD

**Man and lady on same footwork. Arms should be parallel at shoulder height**

- 1 Step right turning  $\frac{1}{4}$  to face outside LOD
- 2 Step slightly back and rock onto left
- 3 Place right beside left
- 4 Cross left over right (in fifth)
- 5 Rock back onto right foot
- 6 Place left beside right

## $\frac{1}{4}$ TURN INTO BASIC WITH LEFT VINE

**Arms return to sweetheart position**

- 1 Step right making  $\frac{1}{4}$  turn to LOD
- 2 Left step forward
- 3 Right step forward
- 4 Step forward at 45 degrees on left
- 5 Cross right behind left

6 Step forward at 45 degrees on left

**RIGHT VINE. ½ BASIC WITH MAN'S FOOT CHANGE**

1 Step forward at 45 degrees on right  
2 Cross left behind right  
3 Step forward at 45 degrees on right  
4 Left step forward  
5 Right step forward  
6 Left step forward

**LADY ½ TURN. MAN BASIC WITH STEPS 5&6 IN PLACE**

1 Step forward on right (fifth)  
2 ½ pivot turn right, step back left

**Man's left arm passing over lady's head**

3 Step back on right  
4 Step back on left

**Hands should be crossed-lefts on top**

5 Step back on right  
6 Step back on left

**TRAVELING ROSE ARCH**

1 Step back on right

**Man raises left arms to overhead and releases right hands**

2 Step left next to right  
3 Step right next to left

**Lady holds man around waist with right arm**

4 Step back on left turning ¼ right  
5 Step forward on right turning ¼ right  
6 Step forward on left

**Man now facing RLOD, lady facing LOD**

1 Step forward on right turning ¼ right  
2 Step forward on left turning ¼ right  
3 Step back on right

**Man now facing LOD, lady facing RLOD**

4 Step back on left  
5 Step back on right  
6 Step back on left

**Man & lady move apart with man moving left arms to waist level and picking up right hands under left**

**LADY'S ½ TURN. MAN'S BASIC**

1 Step back on right  
2 Turn ½ left and step forward left

**Man's left arm passing over lady's head**

3 Step forward on right  
4 Step forward on left  
5 Step forward on right  
6 Step forward on left

**REPEAT**

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