

# Lock Stock And Barrel

拍数: 60      墙数: 0      级数:  
编舞者: Sandra Eason  
音乐: Crescent City - Emmylou Harris



**Position: Right Skaters (Promenade) Position (hands crossed in front at waist level Left hand to Left hand, Right hand to Right hand with Right hands on top)**

## TOE HEEL/TOUCHES, STEP & HOLD

1-2            Touch right toes to left instep, heel raised, touch right heel to left instep, toes raised  
3-4            Step back on right foot, hold one beat  
5-6            Touch left toes to right instep, heel raised, touch left heel to right instep, toes raised  
7-8            Step back on left foot, hold one beat  
9-16          Repeat beats 1-8

## HEEL STRUTS, STEP SCOOT

17-18        Step right heel forward, bring ball of foot to floor  
19-20        Step left heel forward, bring ball of foot to floor  
21-22        Step forward on right foot, scoot forward on right foot, hitching left knee  
23-24        Step forward on left foot, scoot forward on left foot, hitching right knee  
25-32        Repeat beats 17-24

## RIGHT GRAPEVINE

33-34        Step right foot to right side, hold one beat  
35-36        Step left foot behind right, hold one beat  
37-38        Step right foot to right side, hold one beat  
39-40        Touch left foot next to right, hold one beat

## LEFT GRAPEVINE

41-42        Step left foot to left side, hold one beat  
43-44        Step right foot behind left, hold one beat  
45-46        Step left foot to left side, hold one beat  
47-48        Touch right foot next to left, hold one beat

## FORWARD SHUFFLES

49&50        Shuffle forward right, left, right  
51&52        Shuffle forward left, right, left

## RUN FORWARD

53-55        Run forward right, left, right  
56            Step left foot next to right

## HEEL SPLITS

57-58        Split heels apart, bring heels back together

## HIP SWAYS

59-60        Small step to right side with right foot swaying hips at same time, sway hips to left

## REPEAT