

# Loch Ness Stomp

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Mary Kelly (UK)  
音乐: One Way Ticket - LeAnn Rimes



---

## RIGHT, LEFT HEEL STRUTS, QUARTER TURNING BOX STEP

1-2      Step forward on right heel, slap right toe to floor  
3-4      Step forward on left heel, slap left toe to floor  
5-8      Cross right over left, step back on left, step quarter turn right on right, close left beside right

## RIGHT KICK, KICK, BALL, CHANGE, STOMP, STOMP LEFT FORWARD, THREE LEFT HEEL TAPS

9-10      Kick right forward twice  
&11      Step on ball of right beside left, change weight to left  
12      Stomp right beside left  
13      Stomp left foot forward directly in front of right  
14-16      Tap left heel three times

## QUARTER TURN, CLAP, QUARTER TURN, CLAP, ROCK, STEP, TWO RIGHT KICKS FORWARD

17      With left foot still in front of right, raise weight onto balls of both feet and pivot quarter turn right  
18      Hold with one clap  
19      With feet now parallel, raise weight onto balls of both feet and pivot quarter turn right  
20      Hold with one clap  
21-22      Rock back on right, rock forward in place on left  
23-24      Kick right forward twice

## SHIMMY FORWARD TWICE, SHIMMY BACK TWICE, RIGHT VINE ENDING IN STOMP

25-26      Small step forward on right while shimmying shoulders forward for two counts, bending knees slightly  
27-28      Shimmy shoulders back for two counts, bending knees slightly  
29-32      Step right on right, step left behind right, step right on right, stomp left beside right

**REPEAT**

---