

# Livin' My Life

**COPPER** KNOB  
STEPSHEETS

拍数: 80      墙数: 2      级数: Advanced  
编舞者: Lea McKenzie (AUS)  
音乐: Trying to Live My Life Without You - John Farnham



## RIGHT KICK BALL CHANGE, HIPS LEFT, RIGHT, LEFT KICK BALL CHANGE, HIPS RIGHT LEFT

1&2      Kick right foot forward, step right to right side, step left to left side (shoulder width apart)  
3-4      Bump hips left then right (finish with weight on right foot)  
5&6      Kick left foot forward, step left to left side, step right to right side (shoulder width apart)  
7-8      Bump hips right then left, (finish with weight on left foot)

## RIGHT SAILOR SHUFFLE BEHIND, LEFT COASTER CROSS STEP, PIVOT 1/8 LEFT TWICE

1&2      Step right behind left, step left to side, step right in place  
3&4      Step left back, step right to side and slightly back, step left across right  
5-6      Step right forward diagonal, rock back onto left turning 1/8 left  
7-8      Step right forward diagonal, step back onto left turning 1/8 left

## STEP TOGETHER, ACROSS, SIDE BALL CROSS, HEEL JACK, STEP TOGETHER, ACROSS, SIDE BALL CROSS, HEEL JACK TURNING ¼ LEFT

1-2&      Step right across left, step left to side, step right diagonal back  
3&4      Step left across right, step right diagonal back, touch left heel diagonally forward  
&5-6      Step left next to right, step right across left, step left to side  
&7&8      Step right diagonally back, step left across right, turning ¼ left step right back, touch left heel forward

## STEP TOGETHER, ACROSS, TURN FULL TURN RIGHT HEEL JACK, STEP TOGETHER, ACROSS, TURN FULL TURN LEFT HEEL JACK

&1-2      Step left next to right, step right across left, step left to side turning ¼ right  
3&4      Pivoting on the ball of left foot turn ¾ right stepping right & left, finish with right heel forward diagonally

### No turn alternative:

&1-2      Step left next to right, step right across left, step left to side  
&3-4      Step right back diagonally, step left next to right, touch right heel forward diagonally

&5-6      Step right next to left, step left across right, step right to side turning ¼ left  
7&8      Pivoting on the ball of right foot turn ¾ left stepping left & right, finish with left heel forward diagonally

### No turn alternative:

&5-6      Step right next to left, step left across right, step right to side  
&7-8      Step left back diagonally, step right next to left, touch left heel forward diagonally

## STEP TOGETHER, HEEL FORWARD, TOE BACK TURN ½ RIGHT, BRUSH UP, STEP TOGETHER, HEEL FORWARD, TOE BACK TURN ¼ LEFT, TOUCH LEFT ACROSS RIGHT

&1-2      Step left together, touch right heel forward, touch right toe back  
3-4      Pivot ½ right on ball of left foot (keep weight on left), brush right across left  
&5-6      Step right together, touch left heel forward, touch left toe back  
7-8      Pivot ¼ left on ball of right foot (keep weight on right), touch left toe across right

## UNWIND ½ RIGHT, TOUCH ACROSS BEHIND, UNWIND ½ RIGHT, SCUFF, SHUFFLE FORWARD, PIVOT ½ LEFT

1-2      Unwind ½ right, cross right behind left unwind ½ right  
3-4      Place weight onto right, scuff left forward

5&6 Shuffle forward left-right-left  
7-8 Step right forward pivot ½ left (weight on left foot)

**STEP FORWARD, TOUCH, BALL HEEL, BALL STEP, STEP FORWARD, TOUCH, BALL HEEL, BALL STEP**

1-2& Step right forward, touch left next to right, step left back  
3&4 Touch right heel forward, step right next to left, step left forward  
5-6& Step right forward, touch left next to right, step left back  
7&8 Touch right heel forward, step right next to left, step left forward

**STEP ACROSS, ROCK BACK, TURN ½ RIGHT SHUFFLE FORWARD, TURN A FULL TURN RIGHT, PIVOT ½ RIGHT**

1-2 Step right across in front of left, rock back onto left turning ½ right  
3&4 Shuffle forward right-left-right  
&5&6 Turn ½ right on ball of right foot, step left back, turn ½ right on ball of left foot, step right forward  
7-8 Step left forward, pivot ½ right (weight on right foot)

**SYNCOPATED LOCK STEPS FORWARD, PIVOT ½ RIGHT, TURN ½ RIGHT SHUFFLE BACK**

1-2 Step left forward diagonally, step right across behind left  
&3-4 Step left back, step right forward diagonally, step left across behind right  
&5-6 Step right back, step left forward, pivot ½ right (weight on right)  
7&8 Turn ½ right on ball of right foot, shuffle back left-right-left

**COASTER BACK, STEP SIDE BALL CROSS, SHUFFLE RIGHT TURNING ¼ LEFT, TURN ½ LEFT SHUFFLE FORWARD**

1&2 Step right back, step left next to right, step right forward  
3&4 Step left to side, step right diagonally back, step left across right  
5&6 Shuffle to the right right-left-right turning ¼ left  
7&8 Turn ½ left shuffle forward left-right-left

**REPEAT**

**TAG**

**After the first and second walls only**

**SYNCOPATED SIDE STEPS, COASTER BACK, PIVOT ½ LEFT**

1-2 Step right to side, rock back onto left  
&3-4 Step right next to left, step left to side, rock back onto right  
5&6 Step left back, step right next to left, step left forward  
7-8 Step right forward, pivot ½ left (weight on left)

**SYNCOPATED SIDE STEPS, COASTER BACK, PIVOT ½ LEFT**

1-2 Step right to side, rock back onto left  
&3-4 Step right next to left, step left to side, rock back onto right  
5&6 Step left back, step right next to left, step left forward  
7-8 Step right forward, pivot ½ left (weight on left)

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