

Livin Long

拍数: 32 墙数: 4 级数: Beginner east coast swing
编舞者: Nancy Morgan (USA)
音乐: I Ain't Living Long Like This - Waylon Jennings



SIDE-TOGETHER, SIDE-TOGETHER, VINE RIGHT

1-2 Touch right toe out to right side, put right next to left
3-4 Touch left toe out to left side, put left next to right
5-6-7-8 Step right forward, step left behind, step right to right side, touch left toe next to right foot

SIDE-TOGETHER, SIDE-TOGETHER, VINE LEFT

1-2 Touch left toe out to left side, put left next to right
3-4 Touch right toe out to right side, put right next to left
5-6-7-8 Step left forward, step right behind, step left to left side, touch right toe next to left foot

HEEL AND HEEL AND HEEL, CLAP, HEEL AND HEEL AND HEEL, CLAP

1&2& Tap right heel forward, put right next to left, tap left heel forward, put left next to right
3-4 Tap right heel forward, clap
5&6& Tap left heel forward, put left next to right, tap right heel forward, put right next to left
7-8 Tap left heel forward, clap

ROCK FORWARD AND BACK AND STEP, ¼ TURN PIVOT, STOMP, CLAP

1-2 Rock/step forward on left and back on right
3-4 Rock/step back on left and forward on right
5-6 Step forward on left, pivot ¼ turn to your right (weight ends on right)
7-8 Stomp left next to right, clap

REPEAT
