

Livin' For Love

COPPER **NOB**
BY STEPHEN BATES

拍数: 32 墙数: 4 级数: Intermediate west coast swing
编舞者: Rick Bates (USA) & Deborah Bates (USA)
音乐: Livin' for Love - Natalie Cole



STEP, SLIDE, FORWARD SHUFFLE. 1 ¼ TO THE LEFT ROLLING TURN, TOUCH

- 1-2 Step forward on right foot, slide left foot up next to right
- 3&4 Shuffle forward (right, left, right)
- 5-6 Step to the left on left foot and begin a 1 ¼ to the left rolling turn traveling to the left, step on right foot and continue to the left rolling turn
- 7-8 Step on left foot and complete to the left rolling turn, touch right foot next to left

SYNCOPATED TOE TOUCH, HEEL TAP, SYNCOPATED STEP, TO THE LEFT MILITARY PIVOTS

- &9 Step back and diagonally to the right on ball of right foot, touch left toe forward
- 10 Hold, placing left hand on left hip
- 11-12 Tap left heel down twice
- &13 Step left foot next to right, step forward on right foot
- 14 Pivot ½ turn to the left on ball of right foot and shift weight to left foot
- 15-16 Step forward on right foot, pivot ½ turn to the left on ball of right foot and shift weight to left foot

SYNCOPATED FORWARD JUMPS, TOUCHES, SYNCOPATED SIDE ROCK STEP, TOGETHER, MODIFIED MONTEREY TURN

- &17 Jump forward on right foot, jump left foot next to right and touch
- 18 Hold
- &19 Jump forward on left foot, jump right foot next to left and touch
- 20 Hold
- 21&22 Step to the right on right foot, rock onto to left foot, step right foot next to left
- 23-24 Touch left foot to the left, pivot a ¼ turn to the left on ball of right foot and step left foot next to right

STOMPS, HOLDS, STEP BACK, TO THE LEFT ROLLING TURN, TOGETHER

- 25-26 Stomp forward on right foot, hold
- 27-28 Stomp forward on left foot, hold
- 29-30 Step back on right foot, step back on left foot and begin a full to the left rolling turn traveling toward reverse line of dance
- 31-32 Step on right foot and complete full to the left rolling turn, step left foot next to right

REPEAT
