

拍数: 32 墙数: 4 级数: Improver mixed rhythm

编舞者: Dan Pye (USA) & Jan Pye (USA) 音乐: Simple Life - Carolyn Dawn Johnson



### TWO SHUFFLES, ROCK, 1/2 TURN TRIPLE

1&2-3&4 Two shuffles forward (right-left-right & left-right-left)

Rock forward on right, recover back on left
Turn right backwards shuffling (right-left-right)

#### LEFT VINE WITH ¼ TURN, ½ MILITARY TURN

1-2-3-4-5 Step to left with left, right behind left, ¼ turn left stepping on left, step forward on right, ½ turn

left

# RIGHT VINE WITH 1/4 TURN, 1/2 MILITARY TURN, SHUFFLE STEP

6-7-8 Step to right with right, left behind right, ¼ turn right stepping on right foot

1-2-3&4 Step forward on left, ½ turn right, shuffle forward(left-right-left)

### ROCK FORWARD/BACK, ELECTRIC STEPS

5-8 Rock forward on right, recover back on left, rock back on right, recover forward on left

1&2& Rock forward on right, back on left, rock back on right, forward on left

## WALK FORWARD (RIGHT, LEFT), QUICK HEEL, 1/4 TURN LEFT

3-4 Walk forward right, left

5&6& Right heel forward, right foot back to place, left heel forward, left foot back to place

7-8 Step forward on right, ¼ turn left(ending with weight on left)

#### **REPEAT**

If you use "Wild West Show", there is dead spot 3 minutes into the music that is difficult to dance through, experienced dancers can pace themselves, but beginners might get lost, which is why we went with "Simple Life"