

# Live The Hula

**COPPER** KNOB  
BY STEPHENETS

拍数: 48                      墙数: 4                      级数: Intermediate  
编舞者: Jennie Johns  
音乐: It's a Love Thing - Keith Urban



## POINT, CROSS POINT, DOWN & UP

- 1                      Point right foot to right side
  - 2                      Cross right foot in front of left foot
  - 3&4                      Bend both knees and roll up
  - 5                      Point left foot to left side
  - 6                      Cross left foot in front of right foot
  - 7&8                      Bend both knees and roll up
- Optional arm styling: on 3&4, 7&8 with arms in front of your body**

## SWEEP, ¾ TURN, KICK BALL CHANGE, ROCK STEP, COASTER STEP

- 1-2                      Sweep left foot behind around your right foot to make ¾ turn left - take weight on left foot
- 3&4                      Kick right foot forward, quickly step ball of right foot back to meet left foot, step left foot forward
- 5-6                      Rock forward with right foot, step back on left
- 7&8                      Step back right foot, step left foot next to right foot, step right foot forward

## STEP SLIDES LEFT, HULAS

- 1-4                      Step left foot forward at 45 degrees and slide right behind, step forward left, slide right beside left
- 5-6                      Hula to the left (hip swivel)
- 7&8                      Hula to the left

## STEP SLIDES RIGHT, HULAS

- 1-4                      Step right foot forward at a 45 degrees and slide left behind, step forward right, slide left beside right
- 5-6                      Hula to the left (hip swivel)
- 7&8                      Hula to the left

## HEEL JACKS, HULA

- &1&2                      Step back on right, touch left heel forward, bring left foot home, step right toe beside left foot
- &3&4                      Step back on left, touch right heel forward, bring right foot home, step left toe beside right foot
- 5-8                      Hula to the left

## SAILOR RIGHT, LEFT, RIGHT, LEFT (TRAVELING BACKWARDS)

- 1&2                      Step right foot behind left foot, step left foot to the left side, step right foot to the right side
  - 3&4                      Step left foot behind right foot, step right foot to the right side, step left foot to the left side
  - 5&6                      Step right foot behind left foot, step left foot to the left side, step right foot to the right side
  - 7&8                      Step left foot behind right foot, step right foot to the right side, step left foot to the left side
- Optional: arm styling when dancing to live, laugh, love: on 1&2, 3&4 -with both arms in front, shoulder high bent at elbows roll arms backwards. On 5&6 - place right arm in front, shoulder height, bent at elbow, hand up with left hand touching right elbow. On 7&8 - place left arm in front, shoulder height, bent at elbow, hand up with right hand touching left elbow**

## REPEAT