

Live Longer

拍数: 128 墙数: 2 级数: Improver
编舞者: Edith Warren (UK) & Mel Hollyman (UK)
音乐: Lovers Live Longer - The Bellamy Brothers



ROCK, ROCK, TRIPLE, ROCK, ROCK, TRIPLE

1-2 Rock right forward, rock back on left
3&4 Triple right, left, right
5-6 Rock back left, rock forward back on right
7&8 Triple left, right, left

ROCK, ROCK, TRIPLE, ROCK, ROCK, TRIPLE

9-10 Rock right to right side, rock back on left
11&12 Triple right, left, right
13-14 Rock left to left side, rock back on right
15&16 Triple left, right, left

17-32 Repeat steps 1-16

WALK, WALK, SHUFFLE, STEP, TURN, SHUFFLE

33-34 Walk right, left
35&36 Right shuffle
37-38 Step forward left, pivot ½ over right shoulder
39&40 Shuffle left
41-48 Repeat steps 33-40

SIDE, CLOSE, SIDE, ROCK, ROCK, SIDE, CLOSED, SIDE, ROCK, ROCK

49&50 Right side close side
51-52 Rock back left, rock forward on to right
53&54 Left side closed side
55-56 Rock back right, rock forward on to left

STEP RIGHT, HIP & HIP, STEP LEFT HIP & HIP, STEP, TURN, TRIPLE

57&58 Step right forward with hips forward, back, forward
59&60 Step left forward with hips forward, back, forward
61-62 Step forward right, pivot ½ over left shoulder
63&64 Triple right, left, right

65-128 Repeat the dance with the opposite feet and turns

REPEAT