

# Live It!

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Maureen Jones (UK) & Michelle Jones (UK)  
音乐: It's My Life - Bon Jovi



## STEP BACK, STEP ½ TURN RIGHT, TRIPLE ½ TURN RIGHT, COASTER, STEP, ¼ TURN LEFT STOMP-UP

1-2            Step back on left, on ball of left spin ½ turn right and step forward on right  
3&4            Making ½ turn right step on left, right, left  
5&6            Step back on right, step left beside right, step right forward  
7-8            Step forward on left, on ball of left spin ¼ turn left and stomp-up right beside left

## SCUFF, STOMP, HEEL BOUNCE TWICE, SCUFF, STOMP, ½ TURN STOMP, TOUCH

9-10            Scuff right forward, stomp right slightly forward  
11-12           Bounce right heel in place twice (end with weight on right)  
13-14           Scuff left forward, stomp left slightly forward  
15-16           On ball of left spin ½ turn right and stomp right beside left, point left toes to left

## STEP, TOUCH, CROSS STEP, HOLD, UNWIND, STEP, SWITCHES HEEL-TOE-HEEL

&17-18           Step left beside right, point right toes to right, step right across left  
19-20           Hold, unwind ½ turn over left shoulder (end with weight on right)  
21-22&           Step left to left, touch right heel forward, step right beside left  
23&24&           Touch left toe back, step left beside right, touch right heel forward, step right beside left

## ROCK, COASTER, WALK, WALK, SHUFFLE

25-26            Rock forward on left, recover weight on right  
27&28            Step back on left, step right beside left, step left forward  
29-30            Walk forward on right, left  
31&32            Shuffle forward on right, left, right

## REPEAT

## TAGS

On walls 2, 6, 10 (always facing the "left" wall from where you start), only dance counts 1-20.  
Immediately after the 4th wall

## TOUCH, CROSS STEP, HOLD, UNWIND ½ TURN, WALK X4

&1-2            Step left beside right, touch right toes to right, step right across left  
3-4            Hold, unwind ½ turn left (weight on right)  
5-8            Walk forward on left, right, left, right

## TOUCH, CROSS STEP, HOLD, UNWIND ½ TURN, WALK X4

&9-10            Step left beside right, touch right toes to right, step right across left  
11-12            Hold, unwind ½ turn left (weight on right)  
13-16            Walk forward on left, right, left, right

## FINISH

There is an extra count at the end of the song where Jon Bon Jovi sings "Life". On this count throw both arms into the air.