

# Live Is Life

COPPER KNOB  
STEPSHEETS

拍数: 0                      墙数: 2                      级数: Intermediate  
编舞者: Paula Bilby (UK)  
音乐: Live Is Life - DJ Ötzi & Hermes House Band



Sequence: A B AAA C D E AA B

## PART A

**SIDE, TOGETHER, SIDE, TOGETHER, STEP ¼ RIGHT, STEP ½ PIVOT RIGHT, LEFT KICK BALL CHANGE**

1-2                      Step right to right side, step left next to right  
3&4                     Step right to right side, step left next to right, step right to right side ¼ right  
5-6                     Step forward on left, pivot ½ turn right  
7&8                     Kick left forward, step down on left, step down on right

**FORWARD, LOCK, LEFT SHUFFLE, STEP ¼ LEFT, CROSS SHUFFLE**

9-10                    Step forward on left, lock right behind left  
11&12                  Step forward on left, close right to left, step forward on left  
13-14                  Step forward on right making ¼ turn left, weight on left  
15&16                  Cross right in front of left, step left to left side, cross right in front of left

**SIDE ROCK, RECOVER, SAILOR ¼ LEFT, ROCK FORWARD, RECOVER, COASTER**

17-18                  Rock left to left side, recover on right  
19&20                  Cross left behind right, step right to right side, step on left ¼ left  
21-22                  Rock forward on right, recover on left  
23&24                  Step back on right, step left next to right, step right forward

**KICK BALL CHANGE, FORWARD, TOUCH, STEP PIVOT ½, STEP PIVOT ¼**

25&26                  Kick left forward, step down on left, step down on right  
27-28                  Long stride forward on left, touch right next to left  
29-30                  Step right forward pivot ½ left, weight on left  
31-32                  Step right forward pivot ¼ left, weight on left

## PART B

**CHASSE RIGHT, ROCK BACK, RECOVER, CHASSE LEFT, ROCK BACK, RECOVER**

1&2                     Step right to right side, step left next to right, step right to right side  
3-4                     Rock left behind right, recover on right  
5&6                     Step left to left side, step right next to left, step left to left side  
7-8                     Rock right behind left, recover on left

**You will be facing 6:00 while dancing Tag B**

## PART C

**RIGHT JAZZ BOX, TWO KICK BALL CHANGES, RIGHT JAZZ BOX**

1-2                     Cross right over left, step back on left  
3-4                     Step right to right side, step left next to right  
5&6                     Kick right forward, step down on right, step down on left  
7&8                     Kick right forward, step down on right, step down on left  
9-10                    Cross right over left, step back on left  
11-12                  Step right to right side, step left next to right

**You will be facing 12:00 with music fading out while dancing Tag C**

## PART D

**SHUFFLE, SHUFFLE, JAZZ BOX ¼ RIGHT, SHUFFLE, SHUFFLE, JAZZ BOX ¼ RIGHT**

1&2-3&4 Shuffle, shuffle

5-8 Jazz box ¼ right

9-16 Repeat 1-8

**You will be facing 12:00 making a box shape with the above**

**PART E**

**STEP FORWARD, STEP FORWARD, STEP BACK, STEP BACK, (OR JUMP FOR 32 COUNTS)**

1-2 Step right forward 45 degrees to right side (arms up) step left forward 45 degrees to left side (arms up)

3-4 Step back on right (hands down) step back on left (hands down)

5 To 32 repeat the above seven times

**You will be facing 12:00 while dancing the above**

**Hand movements: reach up 45 degrees right, reach up 45 degrees left, hands down to floor 45 degrees right, hands down to floor 45 degrees left)**

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