

Live 4 Ever

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Leigh Huckel (AUS)
音乐: 4Ever - The Veronicas



ROCK SIDE, RECOVER, CROSS SHUFFLE TWICE

1-2 Rock right foot to right, replace weight to left
3&4 Cross right foot in front of left foot, step left foot to left, cross right foot in front of left foot
5-6 Rock left foot to left, replace weight to right
7&8 Cross left foot in front of right foot, step right foot to right, cross left foot in front of right foot

¼ TURN, ½ TURN, ROCK FORWARD, RECOVER, ½ TURN STEP FORWARD HOLD, FORWARD ROLL

1-2 Turning ¼ left step right foot back, turning ½ left step left foot forward
3-6 Rock right foot forward, replace weight to left, turning ½ right step right foot forward, hold
7-8 Turning ½ right step left foot back, turning ½ right step right foot forward

FORWARD, DRAW, FORWARD, TOGETHER, BACK, DRAW, BACK, TOGETHER

1-2 Step left foot forward, draw right foot to left foot
3-4 Step right foot forward, step left foot together
5-6 Step right foot back, draw left heel to right foot
7-8 Step left foot back, step right foot together

BACK, POINT SIDE, CROSS, POINT SIDE

1 Step left foot back
2 Point right toe to right
3 Cross right foot in front of left foot
4 Point left toe to left

CROSS BEHIND, ¾ TURN, TURNING 1/8 LEFT (11:00), BACK & BODY ROLL

1-2 Cross left foot behind right foot, unwind ¾ left
3-4 Turning 1/8 left (11:00) step right foot back & roll body back and up

FORWARD SHUFFLE, ROCK FORWARD, RECOVER, BACK SHUFFLE, BACK, TOUCH

1&2 Step left foot forward, step right foot together, step left foot forward
3-4 Rock right foot forward, replace weight to left
5&6 Step right foot back, step left foot together, step right foot back
7-8 Step left foot back, touch right foot next to left foot

TURNING 1/8 LEFT (9:00), STEP SIDE, KICK SIDE, BEHIND, SIDE, CROSS

1-2 Turning 1/8 left (9:00) step right foot to right, kick left foot to left
3&4 Cross left foot behind right foot, step right foot to right, cross left foot in front of right foot

STEP SIDE, KICK SIDE, BEHIND, SIDE, CROSS

1-2 Step right foot to right, kick left foot to left
3&4 Cross left foot behind right foot, step right foot to right, cross left foot in front of right foot

SIDE, TOUCH, TWICE

1-2 Step right foot to right, touch left foot next to right foot
3-4 Step left foot to left, touch right foot next to left foot

STEP ½ TURN, KICK, BALL STEP

1-2 Step right foot forward, turn ½ left replace weight to left foot

3&4 Kick right foot forward, step right foot next to left foot, step left foot forward

KICK FORWARD, KICK BACK, ½ KICK HOOK

1-2 Kick right foot forward, kick right foot back

3-4 Turning ½ right kick right foot forward, hook right foot under left knee

KICK FORWARD, OUT, OUT, BALL CROSS, HOLD

1&2 Kick right foot forward, step right foot to right, step left foot to left

&3-4 Step right foot back, cross left foot in front of right foot, hold

REPEAT

TAG

At the end of wall 2 do the following:

1-4 Rock right foot to right, replace weight to left, cross right foot in front of left foot, hold

5-8 Rock left foot to left, replace weight to right, cross left foot in front of right foot, hold

RESTART

At the end of wall 2 do the tag and then restart

On wall 6, do the first 23 beats, then make beat 24 a touch, then restart
