

Live For You

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Dee Musk (UK)
音乐: Live for You - Rachael Lampa



WALK FORWARD LEFT, FULL TURN LEFT TRAVELING FORWARD, SIDE ROCK, CROSS, ROCK & CROSS, SIDE TOGETHER FLICK

- 1-2-3 Walk forward left, making a full turn left traveling forward make a ½ turn stepping back on right, make a ½ turn stepping forward on left
&4 Rock right out to right side, recover weight to left
5 Cross right over left
6&7 Rock left out to left side, recover weight to right, cross left over right
&8 Step right to right side, step left beside right and flick right foot back (12:00)

CROSS, SIDE ROCK, CROSS SHUFFLE, ¼ TURN LEFT, ¼ TURN LEFT, HIPS SWAYS

- 1 Cross right over left
2& Rock left out to left side, recover weight to right
3&4 Cross step left over right, step right to right side, cross left over right
5-6 Making a ¼ turn left stepping back on right, making a ¼ turn left stepping forward on left
7&8 Stepping right to right side, sway hips right, left, right, (6:00)

Restart from here on wall 4

WALKS LEFT AND RIGHT, MAMBO ½ TURN LEFT, STEP REVERSE ½ TURN RIGHT, ¼ TURN CHASSE RIGHT

- 1-2 Walk forward left, walk forward right
3&4 Rock forward on left, recover weight to right, make a ½ turn left stepping forward on left
5-6 Step forward on right, making a reverse ½ turn right step back on left
7&8 While making a ¼ turn right step right to right side, step left beside right, step right to right side (9:00)

ROCK & ¼ TURN LEFT, FULL TURN LEFT, STEP TURN TURN RIGHT, ¼ SWEEP RIGHT, STEP LOCK

- 1&2 Rock left over right, recover weight to right, make a ¼ turn left stepping forward on left
3&4 Making a full turn left turn ½ turn left stepping back on right, make a ½ turn left stepping forward on left, step forward on right
5&6 Step forward on left, make a ½ turn right, make a ½ turn right stepping back on left
7 Making a ¼ turn right sweep right to the right and lock behind left
8& Step forward on left, lock right behind left (9:00)

REPEAT

RESTART

During wall 4, dance up to count 16 then restart from the beginning facing 9:00