

# Live For Today

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Doug Miranda (USA) & Jackie Miranda (USA)  
音乐: If Tomorrow Never Comes - Ronan Keating



## CROSS ROCK, RECOVER, ½ TURN RIGHT SWEEP TRIPLE STEP, ROCK FORWARD, RECOVER, STEP LOCK BACK

1-2            Cross rock right over left, recover on left  
3&4           Sweep right into a ½ turn right as you triple step right, left, right  
5-6           Rock forward on left, recover on right  
7&8           Step back on left, cross right over left, step back on left

## TOUCH RIGHT BEHIND, UNWIND ½ TURN RIGHT, STEP LOCK FORWARD, CROSS ROCK AND CROSS ROCK

1-2            Touch right behind left, unwind ½ turn right with weight ending on right  
3&4           Step forward on left, lock right behind left, step forward on left  
5-6           Cross rock right over left, recover on left  
&7-8          Step right next to left, cross rock left over right, recover on right

## 1 ¼ TURN LEFT, CROSS, SIDE, BEHIND; SIDE SWAYS, BEHIND, SIDE, CROSS

1&2           Turn ¼ turn left stepping left to left side, turn ½ turn left stepping right to right side, turn ½ turn left stepping left to left side, slightly dragging right  
3&4           As you continue to drag right, cross right over left, step left to left side, step right behind left  
5-6           Sway to left side, sway to right side with weight ending on right  
7&8           Slightly drag left behind right, step right to right side, cross left over right

## LONG STEP TO RIGHT, ¼ LEFT WITH CROSS TOUCH, STEP LOCK FORWARD; STEP FORWARD, ½ TURN LEFT WITH CROSS TOUCH; ¾ TURN LEFT TRIPLE STEP

1-2            Take a long step to right side on right, slide left towards right and cross touch left over right as you turn ¼ left (weight is still on right)  
3&4           Step forward on left, lock right behind left, step forward on left  
5-6           Step forward on right, turn ½ turn left on the ball of right as you slide and cross touch left over right

### Weight is still on right

7&8           Step forward on left, turn ¼ left turn as you step right to right side, turn ½ turn left as you step left to left side

## REPEAT