

# A Little Peace (And Quiet)

**COPPER** KNOB  
BY STEPHEN

拍数: 32      墙数: 1      级数: Beginner  
编舞者: John Sharman (UK) & Pete Cranwell (UK)  
音乐: A Little Peace - Speed Limit



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## ROCK FORWARD, RECOVER, ROCK BACK, RECOVER

1-2      Rock forward on right, rock back on left  
3-4      Rock back on right, rock forward on left.

## SWAY RIGHT, LEFT, RIGHT, LEFT

5-6      Step right foot to the side and sway hips right and left  
7-8      Sway hips right and left

## GRAPEVINE RIGHT TOUCH LEFT

9-10      Step right foot to right side, cross left behind right  
11-12      Step right foot to right side, touch left beside right

## SWAY LEFT, RIGHT, LEFT, RIGHT

13-14      Step left foot to the side and sway hips left and right  
15-16      Sway hips left and right

## ROLLING VINE LEFT, SCUFF RIGHT

17-18      Make a quarter turn left stepping on left, make a half turn left stepping on right  
19-20      Make a quarter turn left stepping on left, scuff right foot through

## JAZZ BOX

21-22      Cross right over left, step back on left  
23-24      Step on right beside left, step forward on left

## STEP, TURN, RIGHT SHUFFLE

25-26      Step forward on right, pivot a half turn left  
27&28      Step right foot forward, slide left beside right, step forward on right

## STEP, TURN, LEFT SHUFFLE

29-30      Step forward on left, pivot a half turn right  
31&32      Step left foot forward, slide right beside left, step forward on left

## REPEAT

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