

A Little Less

COPPERKNOB
BY STEPHEN

拍数: 36 墙数: 2 级数: Intermediate
编舞者: Matt Barrett (UK)
音乐: A Little Less Conversation (Radio Edit Remix) - Elvis & JXL



WALKS FORWARD, KICK BALL TOUCH TWICE

1-2 Step right foot forward, step left foot forward
3&4 Kick right foot forward, step back on right foot
 Touch left foot forward (turning body to right)
5-6 Step left foot forward, step right foot forward
7&8 Kick left foot forward, step back on left foot, touch right foot forward (turning body to left)

STEP PIVOT ¼ TURN, ¼ TURN, ¼ ½, ¼ TURN SHUFFLE ROCK RECOVER

1&2 Step right foot forward, step left foot, ¼ turn to right, step right foot ¼ turn to right
3-4 Step left foot ¼ turn to left, step right ½ turn to left
5&6 Step left foot ¼ turn to left, step right foot beside left, step left foot forward
7&8 Rock forward onto right, recover onto left, step right ¼ turn to right

SKATE TWICE, SHUFFLE TOUCH, POINT AND POINT, STEP SLIDE

1-2 Skate left foot forward, skate right foot forward
3&4 Step left foot forward, step right foot beside left, touch left foot beside right
5&6& Point left foot to left, replace beside right, point right foot to right, replace beside left
7-8 Step left foot to left, slide right foot beside left

Optional body roll on counts 7-8

STEP RIGHT DIAGONALLY BACK, STEP LEFT DIAGONALLY BACK, TAP RIGHT FOOT, TAP LEFT FOOT, TAP RIGHT FOOT, BEND BOTH KNEES

1 Step right foot 45 degrees diagonally back

Bounce with shoulders

&2 Bounce both shoulders twice
3 Step left foot 45 degrees diagonally back

Bounce with shoulders

&4 Bounce both shoulders twice
5& Touch right toes forward, replace right beside left
6& Touch left toes forward, replace beside right
7 Touch right toes forward
& Bend both knees and pull shoulders up
8 Straighten both knees (weight should remain on left foot) put shoulders down

POINT RIGHT FOOT TO SIDE, POINT LEFT FOOT TO SIDE, POINT RIGHT FOOT TO SIDE, PIVOT ¾ TURN TO RIGHT

1& Point right foot to right, replace beside left
2& Point left foot to left side, replace beside right
3-4 Point right foot to right, pivot ¾ turn to right on left foot bringing right foot beside left (weight should remain on left foot)

REPEAT

TAG

Danced twice on 4th wall at end of section 5

ROCK RECOVER STEP, ROCK RECOVER STEP, KICK BALL CHANGE TWICE

1&2 Rock forward onto right, recover onto left, step right foot beside left

3&4 Rock forward onto left, recover onto right, step left foot beside right
5&6 Kick right foot forward, step back on ball of right foot, step onto left foot
7&8 Repeat steps 5&6
