



## HOP TURN MONTEREY

### Arms and fists together at chest level

- 21 Touch right toe to right side
- 22 Hop off of left foot with a ½ turn right landing on right foot
- 23 Touch left toe to left side
- 24 Hop onto left foot lifting right knee
- 25 Touch right toe to right side
- 26 Hop off of left foot with a ½ turn right landing on right foot
- 27 Touch left toe to left side
- 28 Lift up left knee

## PART C

- 1 Drop down onto right knee and left foot
- 2-3 Hold position
- 4 Stand back up with weight on left foot

## PART D

- 1 Touch left heel forward
- & Step in place with left foot
- 2 Touch right heel forward
- & Step in place with right foot
- 3 Slide left foot to left side
- 4 Step together with right foot next to left foot
- & Step in place with left foot
- 5 Touch right heel forward
- & Step in place with right foot
- 6 Touch left heel forward
- & Step in place with left foot
- 7 Slide right foot to right side
- 8 Step together with left foot next to right foot

## PART E

- 1 Touch left toe forward
- 2 Pivot ½ turn right on ball of right foot
- 3 Step forward with left foot
- 4 Turn on ball of left foot while sweeping right foot ½ turn to the right

## PART F

- & Step to right side with right foot
- 1 Step to left side with left foot
- & Step in with right foot
- 2 Step across in front of right leg with left foot
- 3 Spin 1 full turn right on ball of right foot
- 4 Step together with left foot next to right foot option #1
- 3 Unwind ½ turn right on balls of both feet
- 4 Pivot ½ turn right on ball of left foot

## PART G

- 1 Stomp (up) with left foot next to right foot
- 2 Stomp (down) with left foot next to right foot
- 3 Stomp forward (down) with right foot
- 4 Stomp forward (down) with left foot

## PART H

- 1 Punch right fist forward-left
- 2 Punch left fist forward-right
- 3 Punch right fist forward-left
- 4 Punch right fist forward-left
- 5 Punch left fist forward-right
- 6 Punch right fist forward-left
- 7 Punch left fist forward-right
- 8 Punch left fist forward-right
- 9 Stomp forward (down) with left foot
- 10-12 Hold (with attitude)

#### **PART I**

- 1 Kneel down with right knee
- 2 Kneel down with left knee
- 3 Step in place with right foot, right knee bent
- 4 Step in place with left foot, both knees bent and clap (in squatting position)
- 5 Place left hand back on floor and raise right hand over head
- 6 Recover and clap
- 7 Place right hand back on floor and raise left hand over head
- 8 Recover, stand up and clap

#### **PART I -- OPTIONAL STEPS #1**

- 1 Step in place with right foot
- 2 Step in place with left foot and bend both knees
- 3 Roll hips 1 full circle right
- 4 Clap
- 5 Place left hand back on floor and raise right hand over head
- 6 Recover and clap
- 7 Place right hand back on floor and raise left hand over head
- 8 Recover, stand up and clap

#### **PART I -- OPTIONAL STEPS #2**

- 1 Stomp (down) in place with right foot, arm extended down to right side, palm forward
- 2 Stomp (down) in place with left foot, arm extended down to left side, palm forward
- 3 Place hands on hips
- 4 Hold and look to right side
- 5-8 Slowly roll hips 1 full circle to the right

#### **PART J**

- 1 Kick right foot to right side
- & Step in place with right foot next to left foot
- 2 Kick left foot to left side
- & Step in place with left foot next to right foot
- 3 Kick right foot to right side
- 4 Kick right foot to right side
- & Step in place with right foot next to left foot
- 5 Kick left foot to left side
- & Step in place with left foot next to right foot
- 6 Kick right foot to right side
- & Step in place with right foot next to left foot
- 7 Kick left foot to left side
- 8 Kick left foot to left side
- 9 Stomp forward (down) with left foot
- 10-12 Hold (with attitude)

## **PART K**

- 1 Kick right foot to right side
- 2 Kick right foot forward
- 3 Kick right foot to right side
- 4 Step in place with right foot next to left foot
- 5 Kick left foot to left side
- 6 Kick left foot forward
- 7 Kick left foot to left side
- 8 Kick left foot forward
- 9 Kneel down onto right knee
- 10 Hold
- 11-12 Spin 1 full turn to right on ball of left foot, end in standing position

## **PART L**

### **STOMP, HOLD, HOLD, CROSS, U-N-W-I-N-D**

- 1 Stomp (down) with right foot next to left foot ("a")
  - 2-3 Hold ("little less")
  - 4 Step across in front of left leg with right foot ("talk")
  - 5-9 Slowly unwind to face forward ("and a lot more action")
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