

Little Gem

拍数: 32 墙数: 4 级数: Improver
编舞者: Lynne Downes (UK)
音乐: Pretend - Sharon B



TRAVELING FORWARD-DIAGONAL STEP, ROCK, CROSS SHUFFLE TWICE

1-2 Step forward right foot at 45 degrees right, rock weight onto left
3&4 Cross shuffle right over left
5-6 Step forward left foot at 45 degrees left, rock weight onto right
7&8 Cross shuffle left over right

RIGHT FORWARD, ¼ TURN LEFT, CROSS SHUFFLE, ROCK FORWARD RIGHT, STEP, POINT BACK LEFT

9-10 Step forward right foot, pivot turn ¼ left
11&12 Cross shuffle right over left
13-14 Rock forward on to left foot at 45 degrees left, rock back onto right
15-16 Step left foot behind right, tap right toe behind at 45 degrees right (no weight)

RIGHT SHUFFLE, ½ TURN LEFT, LEFT SHUFFLE, FULL TURN LEFT

17&18 Right forward shuffle (right, left, right)
19-20 Step forward left foot, ½ pivot turn right
21&22 Left shuffle forward (left, right, left)
23 Step forward right, spin ½ turn left on ball of right foot
24 Step back left, spin ½ turn left on ball of left foot (completing full turn)

SHUFFLE FORWARD RIGHT, ROCK, SHUFFLE BACK LEFT, ROCK

25&26 Shuffle forward on right, (right, left, right)
27-28 Rock forward on left, rock back and recover weight to right
29&30 Shuffle back on left (left, right, left)
31-32 Rock back on right, rock forward and recover weight to left

REPEAT
