

Little Chapel

COPPER **KNOB**
BY STEPHENETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jan Brookfield (UK)
音乐: Little Chapel - Heather Myles & Dwight Yoakam



Dance starts after 16 counts.

Section 1 : KICK, KICK, SHUFFLE ON SPOT, HIP BUMPS FORWARD AND BACK

1,2,3&4 Kick R forward, kick R to right side; shuffle on the spot R,L, R
5,6 Small step L forward bumping hips forward, recover weight onto R
7,8 Small step L back bumping hips back, recover weight onto R

Section 2 : STEP FORWARD, PIVOT ½ TURN, SHUFFLE FORWARD, HIP BUMPS BACK AND FORWARD

1,2 Step L forward, pivot half turn over right shoulder, transfer weight onto R (6 o'clock)
3&4 Shuffle forward on L,R,L
5,6 Small step R forward bumping hips forward, recover weight onto L
7,8 Small step R back bumping hips back, recover weight onto L

Section 3 : SHUFFLE ½ TURN, ROCK, RECOVER, SHUFFLE ¾ TURN, ROCK, RECOVER

1&2 Shuffle turn on R,L,R making a half turn left over left shoulder (12 o'clock)
3,4 Rock L back, recover forward onto R
5&6 Shuffle turn on L,R,L making a three-quarter turn right over right shoulder
7,8 Rock R back, recover forward onto L (9 o'clock)

Section 4 : TOE STRUT, KICK-BALL-CHANGE, TOE STRUT, PIVOT HALF TURN

1,2 Strut forward on R, toes first then heel
3&4 Kick L forward, step back slightly on L, step on R in place
5,6 Strut forward on L, toes first then heel
7,8 Step R forward, pivot half turn left over left shoulder, weight now on L (3 o'clock)

START AGAIN

Last Update – 16 Aug. 2020