

# A Little Bit

拍数: 32      墙数: 4      级数: Improver  
编舞者: Carol Cotherman (USA)  
音乐: A Little Bit Of Life - Craig Morgan



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## RIGHT HEEL, HITCH, HEEL, COASTER STEP, LEFT HEEL, HITCH, HEEL, COASTER STEP

1&2      Right heel forward at a 45 degree angle to the right, hitch right leg, right heel forward  
3&4      Step back on right, step left next to right, step forward on right  
5&6      Left heel forward at a 45 degree angle to the left, hitch left leg, left heel forward  
7&8      Step back on left, step right next to left, step forward on left

### Optional hands:

1&2      Push down with hands in front and slightly to the right on heel steps, bend elbows and lift hands slightly on hitch. Do the same to the left on 5&6

## RIGHT LOCKING TRIPLE FORWARD, LEFT LOCKING TRIPLE FORWARD, ½ PIVOT LEFT, BACK ROCK STEP, SCUFF, HITCH

1&2      Step forward on right, step left behind right, step forward on right  
3&4      Step forward on left, step right behind left, step forward on left  
5-6      Step forward on right, pivot ½ turn left onto left foot  
&7&8      Rock back on right, rock forward on left, scuff right foot, hitch right knee while scooting back on left foot

## SCISSORS STEPS, CROSS WITH ¾ UNWIND, SAILOR STEP

1&2      Step right foot to the right side, step left beside right, cross right over left  
3&4      Step left foot to the left side, step right beside left, cross left over right  
5-6      Cross right over left, unwind ¾ turn to the left  
7&8      Step left behind right, step right to right, step left in place

## SIDE RIGHT, BEHIND, SIDE SHUFFLE, SYNCOPATED CROSS ROCK STEP, SCUFF, HITCH, ROCK STEP

1-2      Step right to right side, step left behind right  
3&4      Side shuffle right, left, right  
5&6      Cross rock left over right, recover on right, step left beside right  
&7&8      Scuff right foot, hitch right knee, rock back on right, rock forward on left

REPEAT

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