

# Little Bit Longer (P)

COPPER KNOB  
BY STEPHEN

拍数: 64      墙数: 0      级数: Partner  
编舞者: Michelle Chandonnet (CAN) & Marc Archambault (CAN)  
音乐: Love Me a Little Bit Longer - Heather Myles



## MAN: 4 SHUFFLES FORWARD, LADY: 2 SHUFFLES FORWARD, 2 SHUFFLES ½ TURN

1&2      MAN: Shuffle forward right-left-right  
          LADY: Shuffle forward left-right-left  
3&4      MAN: Shuffle forward left-right-left  
          LADY: Shuffle forward right-left-right  
**Keep hands joined raising left arm over lady's head**  
5&6      MAN: Shuffle forward right-left-right  
          LADY: Shuffle forward left-right-left ½ turn to right  
**Keep hands joined. Put left arm down. Skaters position**  
7&8      MAN: Shuffle forward left-right-left  
          LADY: Shuffle forward right-left-right ½ turn to right

## MAN: 2 SHUFFLES ½ TURN, 2 SHUFFLES FORWARD, LADY: 4 SHUFFLES FORWARD

**Release right hand raising left arm over men's head**  
1&2      MAN: Shuffle forward right-left-right ½ turn to left  
          LADY: Shuffle forward left-right-left  
3&4      MAN: Shuffle forward left-right-left ½ turn to left  
          LADY: Shuffle forward right-left-right  
**Back to side-by side position**  
5&6      MAN: Shuffle forward right-left-right  
          LADY: Shuffle forward left-right-left  
7&8      MAN: Shuffle forward left-right-left  
          LADY: Shuffle forward right-left-right

## DOUBLE KICK, COASTER STEP, STEP ¼ TURN, STEP CROSSED, ROCK STEP

1-2      MAN: Double kick right forward  
          LADY: Double kick left forward  
3&4      MAN: Step right back, step left beside right, step right forward  
          LADY: Step left back, step right beside left, step left forward  
**Pass right arm over lady's head. Face to face, hands crossed. Open double crossed hold position**  
5-6      MAN: Step left ¼ turn to right, step right behind left  
          LADY: Step right ¼ turn to left, step left behind right  
7-8      MAN: Rock left to left, rock back on right  
          LADY: Rock right to right, rock back on left

## STEP, STEP, TRIPLE STEP, STEP, STEP, TRIPLE STEP

1-2      MAN: Step left back, step right back  
          LADY: Step right forward, step left forward  
3&4      MAN: Triple step left-right-left on place  
          LADY: Triple step right-left-right on place  
5-6      MAN: Step right forward, step left forward  
          LADY: Step left back, step right back  
7&8      MAN: Triple step right-left-right on place  
          LADY: Triple step left-right-left on place

**MAN: STEP ¼ TURN, STEP, SHUFFLE, LADY: STEP ¼ TURN, STEP ½ TURN, SHUFFLE ½ TURN**  
**Release left hand. Raise right arm over lady's head**

1-2            **MAN:** Step left ¼ turn to left, step right forward  
                 **LADY:** Step right ¼ turn to right, step left forward turning ½ turn to right

3&4            **MAN:** Shuffle forward left-right-left  
                 **LADY:** Shuffle right-left-right ½ turn to right

**Back to side-by-side position**

5-6            **MAN:** Step right forward, step left forward  
                 **LADY:** Step left forward, step right forward

7&8            **MAN:** Shuffle forward right-left-right  
                 **LADY:** Shuffle forward left-right-left

**STEP, PIVOT ¼ TURN/TOUCH, KICK BALL CHANGE, STEP, PIVOT ¼ TURN/STEP, KICK BALL CHANGE**

**Release right hand**

1-2            **MAN:** Step left to left, pivot ¼ turn to right on ball of left touching right beside left  
                 **LADY:** Step right to right, pivot ¼ turn to left on ball of right touching left beside right

3&4            **MAN:** Kick right forward, step right beside left, step left beside right  
                 **LADY:** Kick left forward, step left beside right, step right beside left

**On count 6, back to side-by-side position**

5-6            **MAN:** Step right forward, pivot ¼ turn to left on ball of right stepping left beside right  
                 **LADY:** Step left forward, pivot ¼ turn to right on ball of left stepping right beside left

7&8            **MAN:** Kick right forward, step right beside left, step left beside right  
                 **LADY:** Kick left forward, step left beside right, step right beside left

**STEP, STEP, SHUFFLE, STEP, STEP, SHUFFLE**

1-2            **MAN:** Step right forward, step left forward  
                 **LADY:** Step left forward, step right forward

3&4            **MAN:** Shuffle forward right-left-right  
                 **LADY:** Shuffle forward left-right-left

5-6            **MAN:** Step left forward, step right forward  
                 **LADY:** Step right forward, step left forward

7&8            **MAN:** Shuffle forward left-right-left  
                 **LADY:** Shuffle forward right-left-right

**ROCK STEP, SHUFFLE, STEP, PIVOT ½ TURN, SHUFFLE**

1-2            **MAN:** Rock right forward, rock back on left  
                 **LADY:** Rock left forward, rock back on right

**Release right hand, keep left hand**

3&4            **MAN:** Shuffle ½ turn to right right-left-right  
                 **LADY:** Shuffle ½ turn to left left-right-left

**Release left hand. Both hands are free**

5-6            **MAN:** Step left forward, pivot ½ turn to right  
                 **LADY:** Step right forward, pivot ½ turn to left

**Back to side-by-side position**

7&8            **MAN:** Shuffle forward left-right-left  
                 **LADY:** Shuffle forward right-left-right

**REPEAT**

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