

# Listen To The Rhythm

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Peter Metelnick (UK) & Alison Metelnick (UK)  
音乐: Ain't What You Do - Big Brovaz



## RIGHT CHARLESTON, LEFT COASTER STEP & HOLD

- 1-4      Sweep right forward touching right toes forward, hold, sweep right back stepping right back, hold  
5-8      Step left back, step right together, step left forward, hold

## RIGHT CROSS STEP, HOLD, ¼ RIGHT & LEFT BACK, HOLD, RIGHT SIDE STEP, LEFT CROSS OVER, RIGHT SIDE TOUCH & TOGETHER

- 1-4      Cross step right over left, hold, turning ¼ right step left back, hold  
5-8      Step right to right side, cross step left over right, touch right to right side, touch right together

## RIGHT SIDE STEP, HOLD, LEFT TOGETHER, HOLD, "TRIANGLE"

- 1-4      Step right to right side, hold, step left together, hold  
5-8      Step right back on right diagonal, step left back & apart on left diagonal, step right forward, hold

## LEFT SIDE STEP, HOLD, RIGHT SLIDE TOGETHER, HOLD, LEFT CROSS OVER, ¼ LEFT & RIGHT BACK, ¼ LEFT & RIGHT FORWARD, RIGHT FORWARD

- 1-4      Step left to left side, hold, slide right together, hold (weight ends on right)  
5-8      Cross step left over right, turning ¼ left step right back, turning ¼ left step left forward, step right forward

## LEFT FORWARD, RIGHT CHARLESTON, LEFT ROCK BACK & RECOVER

- 1-4      Step left forward, hold, sweep right forward touching right toes forward, hold  
5-8      Sweep right back stepping right back, hold, rock back on left, recover weight on right

## ½ RIGHT & LEFT BACK, HOLD, RIGHT ROCK BACK & RECOVER, WALK FORWARD RIGHT, HOLD, LEFT HOLD

- 1-4      Turning ½ right step left back, hold, rock right back, recover weight on left  
5-8      Step right forward, hold, step left forward, hold

## RIGHT FORWARD MAMBO, HOLD, LEFT SIDE MAMBO, RIGHT SIDE TOUCH

- 1-4      Rock right forward, recover weight on left, step right together, hold  
5-8      Rock left to left side, recover weight on right, step left together, touch right to right side

## RIGHT SAILOR STEP, HOLD, LEFT FORWARD, ½ RIGHT PIVOT TURN, LEFT FORWARD, HOLD

- 1-4      Cross step right behind left, step left to left, step right to right, hold  
5-8      Step left forward, pivot ½ right, step left forward, hold

## REPEAT

## TAG

On the 3rd wall, dance the first 32 counts (which takes you to the cross, ¼, ¼, right forward). You will be facing the right side wall. Add the following 8 count tag:

- 1-4      Step left forward on left diagonal, hold, step right forward on right diagonal, hold  
5-8      Step left back, step right together, step left forward, hold

Then start the dance again from the beginning

Similarly on the 6th wall which starts on the left wall dance the first 32 counts. This will take you to the back wall. Dance the tag & start the dance from the beginning

## **BIG FINALE**

The music has a false ending. You will end facing left side wall. Hold for 16 counts - you will hear the piano to count yourself back in (count 8 as the piano comes in before you start). Dance ends facing back wall

---