

Listen

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Eddie Lewis (UK)
音乐: Listen - Dwight Yoakam



HEEL & TOE TOUCHES, FRONT, SIDE, BACK, SIDE

1&2 Right heel forward and back, left heel forward and back
3&4 Right foot touch to right side and back, left foot to left side and back
5&6 Right foot to rear and back, left foot to rear and back
7&8 Right foot touch to right side and back, left foot to left side and back (stomp)

GRAPEVINE RIGHT, ROLLING TURN LEFT

9&10 Step right to right side, cross left behind right
11&12 Step right to right side, touch left beside right
13 Step left ¼ turn left
14 On ball of left pivot ¼ turn left stepping right to right side
15 On ball of right pivot ½ turn left, stepping left to left side
16 Touch right beside left (stomp)

GRAPEVINE LEFT, ROLLING TURN RIGHT

17&18 Step left to left side, cross right behind left
19&20 Step left to left side, touch right beside left
21 Step right ¼ turn right
22 On ball of right pivot ¼ turn right stepping left to left side
23 On ball of left pivot ½ turn right, stepping right to right side
24 Touch left beside right (stomp)

MONTEREY WITH ¼ TURNS X 3

25 Touch toe to right side
26 On ball of left pivot ¼ turn right, stepping left beside right
27&28 Touch left to left side, step left beside right
29 Touch toe to right side
30 On ball of left pivot ¼ turn right, stepping left beside right
31&32 Touch left to left side, step left beside right
33 Touch toe to right side
34 On ball of left pivot ¼ turn right, stepping left beside right
35&36 Touch left to left side, step left beside right

RIGHT SHUFFLE, LEFT SHUFFLE, ROCK, TRIPLE TURN, LEFT SHUFFLE, RIGHT SHUFFLE, ROCK

37&38 Shuffle forward right, left, right, shuffle forward left, right, left,
39&40 Rock forward on right, rock back onto left
41&42 Shuffle step ½ turn right
43&44 Shuffle forward left, right, left, shuffle forward right, left, right
45&46 Rock forward on left, rock back onto right
47&48 Shuffle step ½ turn left

GRAPEVINE RIGHT, HEEL BALL CROSS, RIGHT SIDE ROCK, RIGHT CROSS SHUFFLE

49&50 Step right foot to right side, cross step left foot behind right
51&52 Touch right heel forward, step right foot back, cross step left foot over right
53&54 Step right foot to right side and rock, recover weight on left foot
55&56 Cross step right foot over left, step left foot to left side, cross step right foot over left

GRAPEVINE LEFT, HEEL BALL CROSS, LEFT SIDE ROCK, LEFT CROSS SHUFFLE

- 57&58 Step left foot to left side, cross step right foot behind left
59&60 Touch left heel forward, step left foot back, cross step right foot over left
61&62 Step left foot to left side and rock, recover weight on right foot
63&64 Cross step left foot over right, step right foot to right side, cross step left foot over right

REPEAT
