

# Lisa

拍数: 32      墙数: 2      级数: Improver  
编舞者: Lynn Drake (UK) & Sarah Drake (UK)  
音乐: Don't Let's Talk About Lisa - Lonestar



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## RIGHT STOMP, LEFT SINGLE-PIGEON HEEL, LEFT STOMP, RIGHT SINGLE-PIGEON HEEL

- 1-2            Stomp right foot forward, twist left heel outwards (keeping left foot in starting place)
- 3-4            Twist left heel inwards, twist left heel outwards
- 5-6            Stomp left foot forward, twist right heel outwards (keeping right foot in starting place)
- 7-8            Twist right heel inwards, twist right heel outwards

## RIGHT KICK TWICE, RIGHT COASTER STEP, STOMPS - LEFT, RIGHT, CLAP TWICE

- 9-10           Kick right foot forward twice
- 11&12        Step back on right foot, place left next to right, step forward on right
- 13-14        Stomp forward left then right
- 15-16        Clap hands two times

## RIGHT VINE WITH CLAP, LEFT VINE WITH CLAP

- 17-18        Step right to right side, cross left behind right
- 19-20        Step right to right side, touch left next to right foot while clapping once
- 21-22        Step left to left side, cross right behind left
- 23-24        Step left to left side, touch right next to left while clapping once

## RIGHT SHUFFLE FORWARD, PIVOT ½ RIGHT, STOMPS - LEFT, RIGHT, JUMP LEGS OUT AND IN

- 25&26        Step forward on right, step left beside right, step forward on right
- 27-28        Step forward on left foot, pivot ½ turn right transferring weight onto right foot
- 29-30        Stomp left foot forward, stomp right foot forward
- 31-32        Jump legs apart (shoulder width), jump feet together

## REPEAT

## TAG

At the end of 1st wall, repeat steps 29-32. At the end of 7th wall, repeat steps 29-32 twice

## BRIDGE

In the middle of the 11th wall, after step 16, add this bridge then continue from step 17 (the vines)

## CLAP TWICE, TOE STRUTS WITH HEEL BOUNCE

- 1-2            Clap twice
  - 3-4            Step forward on right toe, snap heel down
  - 5-6            Bounce right heel once, step forward on left toe
  - 7-8            Snap left heel down, bounce left heel once
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