Liquid Dream



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音乐: Liquid Dreams - O-Town



STEP, ROCK STEP, SHUFFLE FORWARD, ROCK STEP, VINE RIGHT

1-2-3 Step left foot in place, rock back onto right, recover left

4&5 Shuffle forward right-left-right

6-7 Rock forward onto left foot, recover right

Step left foot behind right, side right, step left across and in front of right

SIDE ROCK RIGHT, CROSS SHUFFLE FRONT, SWAY HIPS

2-3 Rock side right, recover left

4&5 Cross right foot in front of left and shuffle to the left side (right-left-right)

6-7 Sway hips left, right (changing weight on feet) 8& Sway hips left, right (changing weight on feet)

1-16 Repeat first 16 counts

STEP, KNEE 2X, BLOW, FLICK, CROSS SHUFFLE, SIDE STEP RIGHT

1-2-3 Step left foot in place, turn in right knee with weight on left foot, turn in left knee with weight

on right foot while placing left hand on behind

4 Blow off left hand

5 Flick left foot up and behind (heel should face ceiling)

6&7 Cross left foot over and in front of right and shuffle to the right side (left-right-left)

8 Side right

1 1/4 PADDLE TURN RIGHT, STEP LEFT, TOUCH RIGHT, SHUFFLE FORWARD, STEP

1-4 ½ turn right touching left toe to side, ¼ turn right touching left toe to side 3x

5-6 Step forward left, touch right toe side 7&8 Shuffle forward (right-left-right)

STEP, KNEE 2X, THROW HEAD BACK, CROSS, STEP, FULL TURN SHUFFLE TURN LEFT

1-2-3 Step left foot in place, turn in right knee with weight on left foot, turn in left knee with weight

on right foot

4 Throw head back, (optional: place right hand behind head)

5-6 Step left foot across and in front of right, side right 7&8 Full turn left while shuffling feet (left-right-left)

SIDE BODY ROLLS, MAMBO RIGHT, MAMBO FORWARD LEFT, SCOOT BACK ON TOES

1-2 Body roll side right3-4 Body roll side left

5&6 Side right, left in place, step right beside left7& Step forward left, step right foot in place

8 Step left foot beside right while scooting back and up on toes

GRAPEVINE RIGHT, 1 1/4 PADDLE TURN RIGHT

1&2&3&4 Side right, left behind right, side right, left in front of right, side right, left behind right, side

right, left in front of right, side right

5-8 ½ turn right touching left toe to side, ¼ turn right touching left toe to side 3x

1-8 Jump feet apart-together 2x, body roll, shoulder shrugs

1-8 Grapevine right making ¼ turn right, hip bumps, bounce 1-8 Rock step, ¼ turn right, toe touch side left, ¼ turn right, toe touch side left, step right, toe touch side left, shuffle forward, 1/4 turn right **REPEAT TAG** The tag comes after two complete times and 32 counts of third time. After the tag, restart the dance with the syncopated grapevine.1/4 TURN LEFT, SWEEP RIGHT, TOUCH, FORWARD RIGHT, SWEEP LEFT FOOT, TOUCH 1-2-3-4 Step onto left foot making 1/4 turn left, sweep right foot forward and around for 2 counts, touch right foot beside left foot 5-6-7-8 Step forward right, sweep left foot around and back for 2 counts, touch left foot beside right 1/4 TURN LEFT, SWEEP RIGHT, TOUCH, CHAINE TURN RIGHT, TOUCH 1-2-3-4 Step onto left foot making 1/4 turn left, sweep right foot forward and around for 2 counts, touch right foot beside left foot 5-6-7-8 Make a full turn right stepping right-left-right, touch left foot beside right 1/4 TURN LEFT, SWEEP RIGHT, TOUCH, FORWARD RIGHT, SWEEP LEFT FOOT, TOUCH Step onto left foot making 1/4 turn left, sweep right foot forward and around for 2 counts, touch 1-2-3-4 right foot beside left foot 5-6-7-8 Step forward right, sweep left foot around and back for 2 counts, touch left foot beside right STEP TOUCHES & HIP BUMPS, HEEL SWITCHES

1-2	Step onto left foot making ¼ turn left, touch right toe to side bumping hips right
3-4	Step forward right, touch left toe to side bumping hips left
&	Step left foot beside right
5&	Touch left heel forward, step left beside right
6&	Touch right heel forward, step right beside left
7-8	Touch left heel forward, hold one count